

Clinton County Resource List

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1. Adult Literacy

Illinois Adult Learning Hotline
1-800-321-9511
Information: provides referral services for students, volunteers, and employers wishing to access adult education and literacy and programs throughout Illinois

Kaskaskia College - Adult education and Literacy
https://www.kaskaskia.edu/academics/adult-education--literacy/
618-545-3115
27210 College Road, Centralia, IL 62801
Classes are **free** for eligible Illinois residents.
Services

- Illinois High School Diploma (GED) preparation
- Adult Basic Education (ABE)
- Adult Secondary Education (ASE)
- Reading and writing instruction
- Mathematics instruction
- English as a Second Language (ESL)
- Digital literacy
- Computer skills
- Career readiness
- Constitution test preparation
- Volunteer literacy tutoring
- One-on-one reading assistance
- Workforce preparation

Public Libraries serving Clinton County:

- Breese -530 N. 3rd Street, Breese, IL 62230, 618-526-7361,https://breeselibrary.org/
- Carlyle - 550 6th St, Carlyle, IL 62231, 618-594-5210, https://casehalstead.org/
- Centralia – 515 E. Broadway, Centralia, IL 62801, 618-532-5222, https://www.centralialibrary.org/
- Germantown – 403 Munster St., Germantown, IL 62245, 618-523-4820, http://www.gtownlibrary.org/
- New Baden – 210 N. 1st Street, New Baden, IL 62265, 618-588-4554, https://newbadenlibrary.org
- Trenton – 118 E. Indiana, Trenton, IL 62293, 618-224-7662, http://trentonil.org/library/
- Kaskaskia College Library, 1st floor Health & Business Bldg., 27210 College Road, Centralia, IL, 618-545-3160

2. Child Care

Clinton County Licensed Daycares

- All Smiles Daycare, 348 Railroad St., Aviston, IL
  618-228-7000
  https://www.facebook.com/allsmiles.daycare01/
- Brightside Daycare, 100 E. Main, Damiansville, IL
  Brightside23@gmail.com
  www.brightsidedaycarecenter.com
- Building Blocks Daycare LLC, 13016 Commercial St., Aviston, IL
  618-574-7007
  https://www.facebook.com/bbdaviston
- D's Daycare, 479 Memorial Drive, Breese, IL
  618-526-4062
- Jodi's Daycare, 5940 Red Bud Dr., Damiansville, IL
  618-248-3857
  https://www.facebook.com/p/Jodies-Daycare-100063533803879/
- Siblings & Co. www.siblingsandcompany.com
  - 1301 Church St., Germantown, IL 618-523-4843
  - 182 S. 4th S., Breese, IL 618-526-2757
  - 8021 IL Rt. 160, New Baden, IL 618-588-4703
- Smart Start Learning Center, 517 W. Hanover, New Baden, IL
  618-588-2273
  https://www.mysmartstart.net/
- The Tot Spot, 17600 St. Rose Rd., St. Rose, IL
  618-604-4665
  https://www.facebook.com/mtotspot67
- Willow Walk Learning Center, 417 E. Broadway, Trenton, IL
  618-224-2300
  https://www.facebook.com/willowwalklearningcenter/

Illinois Child Care Assistance Program (CCAP):
Phone Number: 800-362-7257
www.projectchild.net
The program pays for child care costs. You can choose from a childcare option that works best for you: child care center, family child care home, in-home child care. Must qualify to receive help. Contact them to see if you qualify or to start an application.

Provider lookup:
https://sunshine.dcfs.illinois.gov/Content/Licensing/Daycare/ProviderLookup.aspx

3. Clothing Closets

- **Carlyle Christian Church Outreach Center**
  618-594-3489
  1025 Lake Road, Carlyle, IL
  Saturdays 9am-12pm
  Information: free clothing, shoes, infant items, household items (no furniture); you can message them your needs on their Facebook page or call the church office and someone will get back to you. They also accept donations.
- **Centralia First United Methodist Church** (clothing)
  103 Elm Street, Tuesdays 9:30-11:00am
- **New Baden Zion United Church of Christ** (clothing/household)
  414 W. Hanover Street, Monday from 11am-2 pm

4. Community Services

BCMW Office
Phone Number: 618-532-7388
308 N Locust St, Centralia, IL 62801
http://www.bcmwcommunityservices.org/
LIHEAP (Low Income Home Energy Assistance Program), Transitional Housing, Rental Housing Support, Weatherization Program, Housing Rehabilitation Program, Home Modification Program, Community Services Block Grant (CSBG) Emergency Services, Head Start. Ask for assistance regarding deadlines and what is necessary to bring to the appointment (usually must bring 30 days' proof of income, current Medicaid card, and Social Security cards for all you want covered). Check website. You now need to apply online before getting an appointment in an office.

Birth to Five Illinois
https://www.birthtofiveil.com/region13
Working to create a statewide regional infrastructure that will amplify input from communities in the development of Policies and funding priorities. Supports the mobilization of communities to build and sustain equitable access to inclusive, high-qualify early childhood services for all children and families.

Chakota Therapeutic Riding Center
618-224-4236
6248 Wesclin Road, Germantown, IL 62245
www.chakota-trc.org
Offers therapeutic horse riding sessions for people with Cerebral Palsy, Down Syndrome, Spina Bifida, Traumatic Brain Injury, Autism, Asperger's Syndrome and other conditions.

Safelink Phone
1-800-723-3546
https://www.safelinkwireless.com/en/#!/newHome
The Safelink/Lifeline program is available to eligible consumers in selected states and territories. Actual requirements vary by state, but in general to qualify for Lifeline, subscribers must either have an income that is at or below 135% of the federal Poverty Guidelines or participate in one of the following assistance programs: Medicaid, Supplemental Nutrition Assistance Program (SNAP) Food Stamps, Supplemental Security Income (SSI), Federal Public Housing Assistance (Section 8), Veterans and Survivors Pension Benefit.

Sleep in Heavenly Peace
618-581-4275
PO Box 641, Salem, IL
https://shpbeds.org/chapter/il-salem/
*D*edicated to building, assembling and delivering top-notch bunk beds to children and families in need.

The Restore Network (serving Clinton, Marion & Washington Counties)
1-618-258-7244
3993 Fosterburg Road, Alton, IL 62002
https://therestorenetwork.org/
Faith-based group helping families and foster kids with what they need to heal from trauma. As a foster family, you will receive trauma-informed training and practical, ongoing support as you open your door to a child. We can help with meals, clothes, beds, car seats, ongoing advocacy, prayers and support that continue as long as the child is there.

5. Counseling & Mental Health Services

988 – Dial this number for free and confidential support for anyone with mental health worries or dealing with a mental health crisis. Resources can be provided to local supports. If you or someone you know needs support now, call or text 988 or chat 988lifeline.org.

BEACON (Behavioral Health Care and Ongoing Navigation): https://public-uat.beacon.illinois.gov/
A centralized resource for Illinois youth and families seeking mental health services and care, including state agency support and community-based programs. In the portal, parents and caregivers can learn which community-based resources are available nearby and which state-funded programs youth may be eligible for. These programs might include outpatient counseling, school-based services, wraparound services to help support families caring for youth with complex needs, or residential treatment services. BEACON also provides assistance organizing information about a child's care and connecting families with services, including communication with state agencies.

Branch of Hope Ministry
618-226-3326
951 Fairfax, Carlyle, IL
https://branchofhopeministry.com/
Offers affordable rates in marriage, family, youth, individual and addiction recovery along with anger management and intervention assistance.

CARES Line
800-345-9049
If you or your child is a risk to themselves or others, having a mental health crisis, or if you would like a referral to services for children, youth, and families, call the 24 hour Crisis and Referral Entry Services (CARES) line to talk to a mental health professional.

Champion Consulting (Counseling & Mediation)
618-792-5200
211 East Hanover Street, New Baden, IL 62265
www.championconsult.org
Individual counseling for kids, teens, & adults; divorce mediation; co-parenting support, movement and lifestyle coaching.

Chestnut Health Systems
Chestnut Primary Phone: 618-877-4420
Crisis After Hours: 618-877-0316
50 Northgate Industrial Drive, Granite City, IL 62040
www.chestnut.org
Chestnut Health Systems has multiple substance and mental health services for adults. Substance Services include Inpatient, Outpatient, and Intensive Outpatient, Psychiatric, DUI Drug Court, and Gambling Services.

Community Resource Center
www.crconline.info
24 hr crisis hotline, substance abuse counseling, DUI service, psychiatric services, case management and residential living,
Offices in:
Centralia (Main Office): 904 E. MLK Drive, 618-533-1391
Salem: 315 Westgate Avenue, 618-548-2181
Carlyle: 580 Eighth Street, 618-594-4581
Vandalia: 421 W. Main, 618-283-4229

Coping 4 Kids, Coping 4 Life,
618-830-5312
900 N. Walnut Street, Breese, IL
www.coping4life.com
Individual and family counseling. Fees are based on income.

Creative Solutions Counseling
618-980-5028
9515 Holy Cross Lane, Suite 105, Breese, IL
Lucy Schrage, LCPC, ATR-BC

Farm Family Resource Initiative
1-833-FARMSOS
www.siumed.org/farm
24/7 helpline available via phone, text or email; telehealth counseling; bereavement & grief support groups; Wellness in the Fields podcast; succession planning seminars; online resource guide.

Gateway Regional Medical Center
2100 Madison Ave. Granite City, IL 62040
IOP (Intensive Outpatient Program): 618-798-8155
https://gatewayregional.net/
IOP Open: Monday – Friday 9am-5pm
Gateway Regional Medical Center provides Inpatient Psychiatric Care for 18 years and older. We are open 24/7; anyone in crisis, harm to themselves or others.Please call our Intake Hotline number. We have an IOP (Intensive Outpatient Program), this program is "all-inclusive program" The client will be seen by a Psychiatric NP for medicine management, 1x a week individual counseling, and group counseling which runs 3 days a week Tuesday, Wednesday, Thursday 4pm-8pm. For more information please call our IOP line.

Heartlinks Grief Center
618-277-1800
5110 West Main, Belleville, IL
www.myheartlinks.com
A program of Family Hospice, assists grieving children, individuals, families, and groups through individual and family
counseling, peer support groups, and other supportive community programs regardless of ability to pay.

HSHS St. Joseph's Senior Renewal
618-526-5699
HealthPlex, 14160 Jamestown Rd., Breese
Gives you the flexibility of receiving care for emotional issues, including depression, anxiety, and "nerves", while living at home. An individualized plan of care is developed to treat your unique needs.

Lincoln Prairie Behavioral Health
217-585-1180
5230 S. Sixth Street Rd., Springfield, IL
https://lincolnprairiebhc.com/
Inpatient and outpatient counseling options for children aged 3 to 17.

Marshmallow's Hope
Phone Number: (888) 277-4028
2810 Frank Scott Pkwy W, Belleville, IL 62223
https://marshmallowshope.org/
Provides mental health support for children, teens, and young adults, including intensive outpatient programs, individual counseling, in-home family therapy, and therapeutic mentoring. They also offer grief counseling and support groups for suicide loss survivors, parent education classes, and school and community presentations focused on suicide prevention and mental health awareness.

National Alliance on Mental Illness Southwestern Illinois (NAMI) Phone Number: 618-798-9788
2100 Madison Ave., 4th Floor, Granite City, IL https://namiswi.org/about-nami-southwestern-illinois/contact/
Providing Recovery Support Groups & Family Support meetings for family member, significant others, and/or friends. Serving Bond, Clinton, Macoupin, Madison, Randolph, and St Clair Counties.

Prairie Counseling Center
Phone Number: (618) 664-1455
Clinton County Health Department, 991 Franklin St, Carlyle, IL 62231

Solutions for Wellness
618-322-6424
110 N. Main Street, Breese, IL
Chris Diesen
www.solutions4wellness.com

6. Domestic Violence/Sexual Violence/Human Trafficking

Amy Schulz Child Advocacy Center
618-244-2100
500 Fairfield Road, Mt. Vernon, IL
(1231 W. Broadway, Ste. #2, Centralia, IL 62801
https://www.amycenter.org/
Child sexual abuse advocacy.

Eden's Glory/Foster Kairos
314-312-3539
214 N. 3rd Street, Greenville, IL 62246
https://www.edensglory.org/
Email: healing@edensglory.org
A home fortifying survivors, educating communities, and working to end human trafficking all for the glory of God. Our two-year treatment program for adult female survivors of human trafficking ages 18-45 is designed to treat each aspect of a survivor's health—physical, mental, emotional, spiritual and relational—to fully support her on her journey to holistic recovery. Foster Kairos serves minors between the ages of 5-17 who have experienced trauma or who have been trafficked.

Illinois Coalition Against Domestic Violence
877-863-6338
www.ilcadv.org
We are the network of providers that together make up the statewide voice for survivors of domestic violence and their children in our state.

Illinois Crime Victims Compensation Act:
For more information, contact the Office of the Secretary of State, #217-782-7101 or #312-814-5010 www.cyberdriveillinois.com or the Office of the Attorney General, #800-228-3368, www.IllinoisAttorneyGeneral.gov.
Through this program victims or survivors of crime (domestic violence, sexual assault & abuse, murder, involuntary manslaughter/reckless homicide, kidnapping, exploitation of a child, assault/battery, arson, driving under the influence,stalking) are able to receive compensation for hospital and doctor bills, rehabilitation, loss of wages and tuition, and funeral/burial expenses when other sources of funding have been exhausted.

Metro East Every Survivor Counts
(618) 397-0975
www.metroeasteverysurvivorcounts.org
IT IS OUR MISSION to address multifaceted forms of oppression and end sexual violence by empowering survivors through person-first services and community engagement. Services include medical advocacy, legal advocacy, counseling, community and professional education trainings, prevent education and they maintain a confidential sexual assault crisis line (above #).

National Domestic Violence Hotline
1-800-799-SAFE (7233)
Everyone deserves relationships free from domestic violence. When you're ready, we're here to listen with confidential support 24/7/365.

National Domestic Violence Hotline (RAINN)
1-800-656-4673
www.rainn.org
The nation's largest organization fighting sexual violence. Also carries out programs to prevent sexual violence, help victims and ensure that rapists are brought to justice. Available 24/7 for survivors who need support.

National Teen Dating Violence Hotline/loveisrespect
1-866-331-9474
www.loveisrespect.org
Text “loveis” to 22522
Love is more than the way you feel. Have questions about your relationship? We’re here to help. Provides confidential support for teens, young adults, and their loved ones seeking help, resources, or information related to healthy relationships and dating abuse in the U.S.

Oasis Women’s Center
618-465-1978
111 Market St., Alton, IL 62002
www.oasisshelter.org
Our mission is to provide emergency shelter and supportive services to victims of domestic violence.

Phoenix Crisis Center
618-451-1008
Granite City, IL
If you need shelter, referrals, safety planning or simply want to talk to one of their trained domestic violence Counselors please call.

Prevent Child Abuse Illinois
217-522-1129
www.preventchildabuseillinois.org
PCA Illinois provides key leadership for child abuse prevention in Illinois. PAC Illinois is actively involved in prevention education and public awareness, community outreach, public policy advocacy, and promotion of effective prevention programs.

Sexual Assault and Family Emergencies (SAFE)
800-625-1414
1410 Sunset Drive, Suite G, Vandalia, IL 62471
https://www.safecrisiscenter.org/
Information: SAFE offers free, confidential sexual assault counseling and advocacy services for survivors and their support systems as well as sexual abuse prevention education for the community.

Stopping Woman Abuse Now (SWAN)
Hotline: 888-715-6260
Information: survivor resources; batterer intervention resources, DV Advocacy Services, elder abuse, homeless, partner abuse Intervention, program services, children's services, financial assistance (rent, utilities, security deposit), individual counseling, legal advocacy-OP, medical advocacy, on-site shelter, support groups, transitional housing. Serves Clay, Clinton, Crawford, Edwards, Effingham, Fayette, Gallatin,Hamilton, Jasper, Jefferson, Lawrence, Marion, Richland, Wabash, Washington, Wayne,
and White counties.

TigerLili
636-219-9545
www.tigerliliresources.org
The House of Rahab is an emergency placement safe home for adult females who have been sexually exploited or trafficked. 100% free to participants. Based in Illinois near St. Louis.

Violence Prevention Center Southwestern Illinois
618-236-2531
PO Box 831, Belleville, IL 62222
www.vpcswi.org
Provides counseling and advocacy services; has a Shelter Shop selling pre-owned clothing, furniture and
household items in good condition; shelter for women and their dependent children fleeing abusive relationships; prevention and education services; Peace Place offering individual and group counseling services to children 5-17 years of age.

National Human Trafficking Hotline
888-373-7888
www.humantraffickinghotline.org/en/statistics/illinois
Human trafficking is a form of modern slavery that occurs in every state, including Illinois. The NHTH works closely with service providers, law enforcement, and other professionals in Illinois to serve victims and survivors of trafficking, respond to human trafficking cases, and share information and resources.

Restoration 61
618.841.6427
1001 N. Main, Harrisburg, IL, 62946
www.restoration61.org
We are dedicated to restoring lives affected by human trafficking and exploitation and to impacting communities to take action.*Our services are FREE and fully confidential:* Crisis Intervention, Advocacy, Case Management, Groups, Clinical Services, Outreach, and community presentations.

7. Education & Training

Kaskaskia College Disability Support Services
618-545-3157
Provides adaptive support for students with disabilities.

Kaskaskia Special Education Services
618-532-4721
224 S. Locust St., Centralia, IL
https://www.ksed801.com/
Provides Occupational/Physical/Speech therapies, social workers, and itinerant services to schools in districts;
School psychologists provide Individual Education Plans (IEP's) and Section 504 plans for students. Request an evaluation through your local school district.

National Center for Homeless Education
1-800-308-2145
Works with schools, school districts, state departments of education, service providers, parents, students, and others to ensure that children and youth experiencing homelessness can enroll and succeed in school. https://nche.ed.gov/

Opportunities for Access
618-244-9212 x108
4206 Williamson Place, Suite 3, Mt. Vernon, IL
www.ofacil.org
Help for those with developmental disabilities.

Regional Office of Education #13
618-594-2432
930 B. Fairfax, Carlyle, IL
https://roe13.org/
Provides regulatory services as outlined in the Illinois School Code. Services include, but aren't limited to: inspect and approve the recognition of public schools annually; provide alternative education for at-risk students; provide professional growth opportunities; enforce truancy laws; ensure proper licensure of teachers and administrators; issue GED transcripts and Diplomas.

Schools in Clinton County:

- Albers: Albers Elementary SD #63, 206 N. Broadway http://alberscougars.com/
- Aviston: Aviston Elementary SD #21, 350 Hull Street https://www.avistonk-8.org/
- Bartelso: Bartelso Elementary SD #57, 306 S. Washington https://www.bartelsobraves.com/
- Beckemeyer: see Breese SD #12 https://www.d12bobcats.org/
- Breese:
    - All Saints Academy, 295 N. Clinton Street https://www.asasaints.com/
    - Breese Elementary SD #12, 777 Memorial Drive https://www.d12bobcats.org/
    - Central Community High School, 7740 Old US Hwy 50 https://www.centralcougars.org/
    - Mater Dei High School 900 N. Mater Dei Drive https://www.materdeiknights.org/

- Carlyle:
    - Carlyle Elementary School, 951 6th Street https://www.carlyle1.org/o/cgs/
    - Carlyle Junior High School 1631 12th Street https://www.carlyle1.org/o/cjhs
    - Carlyle High School, 1461 12th Street https://www.carlyle1.org/o/chs
- Centralia:
    - Christ our Rock Lutheran High School, 9545 Shattuc Road https://www.corstallions.org/
    - Kaskaskia College, 27210 College Road https://www.kaskaskia.edu/
    - North Wamac Elementary School, 1500 Case Street https://northwamac.com/
    - Willow Grove Elementary SD #46, 815 W. 7th Street www.willowgroveschool.com
- Damiansville: Damiansville Elementary SD #62, 101 E. Main Street https://dville62.com/
- Germantown: Germantown Elementary SD #60, https://www.ges60.org/
- Hoffman: Trinity Lutheran Grade School, 8701 Huey Rd. https://sites.google.com/trinityhoffman.org/trinitylutheran/school
- New Baden: New Baden Elementary, 700 E. Marilyn Drive https://www.wesclin.org/vnews/display.v/SEC/New%20Baden%20Elem
- St. Rose: St. Rose Elementary SD 14-15, 18004 St. Rose Road https://www.strosedistrict14-15.com/
- Trenton: www.wesclin.org
    - Trenton Elementary School, 308 N. Washington https://www.wesclin.org/vnews/display.v/SEC/Trenton%20Elem?template=m
    - Wesclin Junior High School, 10003 State Rt. 160 https://www.wesclin.org/vnews/display.v/SEC/Middle%20School
    - Wesclin High School, 699 Wesclin Road https://www.wesclin.org/vnews/display.v/SEC/High%20School

8. Emergency Assistance/Disaster Services

American Red Cross Services
217-787-7602
1045 Outer Park Dr., Springfield, IL 62704
www.redcross.org
Shelters, feeds and provides emotional support to victims of disasters; conducts blood drives; teaches skills that save lives; and supports military members and their families.

Clinton County Emergency Management
618-594-4455
431 21st St., PO Box 403, Carlyle, IL 62331 https://clintonco.illinois.gov/county-offices/emergency-management-ema/
WHERE TO TUNE DURING AN EMERGENCY, FM Radio:

- WCXO 96.7 FM Carlyle
- WDLJ 97.5 FM Carlyle
- WRXX 95.3 FM Centralia
- WGEL 101.7 FM Greenville
- WNSV 104.7 FM Nashville

KNOW HOW TO PREPARE NOW, BEFORE A DISASTER STRIKES.
More information here:

- Federal Emergency Management Agency (FEMA): For more information visit http://fema.gov and click on the “Are You Prepared” information section
- Illinois Emergency Management Agency (IEMA): For more information visit http://iema.illinois.gov and visit the Disaster Preparedness, Response and Recovery page
- Ready America: For more information visit: http://www.ready.gov
- Weather Information: National Weather Service and All Hazards NOAA Weather Radio Alerts sponsored by the National Oceanic and Atmospheric Administration: http://www.weather.gov/nwr

9. Employment Opportunity Links/Services

https://illinoisjoblink.illinois.gov/
https://www.illinoisworknet.com/
https://www.facebook.com/MCETD
https://work4.illinois.gov

American Job Center SI (Southern Illinois): (formerly known as workNet or Workforce Centers) The
American Job Center SI is an Illinois WorkNet Center partner and member of the American Job Center network. A variety of no-cost services are available to assist job seekers and employers with training, job search, workforce needs, and more! www.americanjobcentersi.org

Illinois Department of Employment Services (IDES), http://www.ides.illinois.gov Is your background holding you back? Ask for help with the Re-Entry Employment Service Program, #800-244-5631.

IL DRS Employment Services
618-235-5300
601 South High St Belleville, IL 62220
https://www.dhs.state.il.us/page.aspx?item=52224
Provides businesses with sustainable, no-cost and low cost strategies to recruit, train, and retain the skilled workforce needed to thrive.Your partnership with DRS gives you access to qualified vocational rehabilitation professionals.They can provider job analysis, job coaches, training, and job accommodations/technical assistance.

Job Corps
www.jobcorps.gov
Whether you’re searching for a new career, finishing your high school diploma or exploring your options, Job Corps can provide you with FREE training to jump-start your future. For 16 through 24 years old, low-income individuals.

MERS Goodwill/Employment Services
618-257-1080
5720 N. Belt West, Suite 44, Belleville, IL 62226
www.mersgoodwill.org
Provides employment services to persons with barriers to employment. Services include job readiness training, career assessments, job development, placement, and retention services.

onBoard: an online job-posting board devoted solely to people incarcerated in IDOC. The goal is to connect job-seeking returning citizens with employers willing to hire them, thereby improving post-release employment outcomes. il.onboardjobs.org

10. Faith Based Supports

Churches in Clinton County:
Albers: St. Bernard Catholic Church, 202 N. Broadway https://www.stbernardandstdamian.org/
Aviston: St. Francis of Assisi Catholic Church, 251 S. Clinton Street
https://www.stfrancisav.org/
Bartelso: St. Cecilia Catholic Church, 304 S. Washington Street
https://www.facebook.com/profile.php/?id=100076116622767
Beaver Prairie: St. Felicitas Catholic Church, 13322 Church Rd, Carlyle
https://www.facebook.com/stfelicitasbeaverprairie/
Beckemeyer: St. Anthony Catholic Church, 451 W. 3rd Street https://stanthonybeckemeyer.org/
Breese:

Breese Community Church, 8804 Old US Hwy 50
https://www.breesecommunitychurch.com/
Faith Baptist Church, 9724 Holy Cross Lane https://www.facebook.com/faithbreese/
St. Augustine Catholic Church, 525 S. 3rd Street https://saintaugustinebreese.org/
St. Dominic Catholic Church, 493 N. 2nd Street https://saintdominicbreese.org/
St. John's United Church of Christ, 200 N. Main Street
https://www.facebook.com/stjohnsucc.breese/

Carlyle:

Carlyle Christian Church, 1025 Lake Road https://carlylechristian.org/
First Assembly of God, 1890 Franklin Street http://www.carlyle1ag.org/
First Baptist Church, 650 Franklin Street
https://www.facebook.com/firstbaptistchurchofcarlyle/
First United Methodist Church, 751 Franklin Street https://www.carlylefumc.org/
Holy Garden of Prayer, 430 21st Street https://www.facebook.com/HolyGardenOfPrayer/
Immanuel United Church of Christ, 1970 Clinton Street
https://www.facebook.com/carlyleucc/
Jehovah's Witnesses, 12808 Slant Road
Project Hope, Life Church, 16580 Old State Road https://www.lifechurchcarlyle.com/
Messiah Lutheran Church, 1091 13th Street
https://www.facebook.com/profile.php/?id=100066665154470
St. Mary Catholic Church, 1171 Jefferson Street https://stmarycarlyle.org/

Damiansville: St. Damian Catholic Church, 1 West Main Street
https://www.stbernardandstdamian.org/
Ferrin: Bethlehem Lutheran Church & Preschool, 12903 Clara Street
https://www.bethlehemlutheranferrin.org/
Germantown: St. Boniface Catholic Church, 306 Munster Street
https://www.stbonifacechurch.net/
Hoffman: Trinity Lutheran Church, 8700 Huey Road
https://www.facebook.com/profile.php/?id=100064456249156
Marydale: St. Teresa of Avila Catholic Church, 18021 Marydale Road
https://www.facebook.com/MarydaleStTeresa/
New Baden:

First Baptist Church, 8307 State Rt. 160 https://firstbaptistofnewbaden.org/welcome
St. George Catholic Church, 200 N. 3rd Street https://www.stgeorgenewbaden.org/
United Methodist Church, 107 W. Hanover Street https://www.newbadenumc.org/
Zion United Church of Christ, 414 W. Hanover Street https://www.zionuccnb.net/

St. Rose: St. Rose Catholic Church, 18010 Saint Rose Road https://www.strosechurchil.com/
Trenton:

First United Methodist Church, 3324 Old US Hwy. 50 https://trentonfumc.com/
Grace Community Baptist Church, 1 W. 4th Street
https://www.facebook.com/Official.Grace.Community.Baptist.Church/
New Life Christian Church, 555 N. Monroe
https://www.facebook.com/NewLifeChristCenter/
St. John's United Church of Christ, 21 N. Walnut Street https://stjohnucctrenton.org/
St. Mary Catholic Church, 215 W. Kentucky Street https://www.stmarytrenton.com/
West Gate Baptist Church, 843 W. Broadway https://www.westgatebc.com/

11. Financial Assistance/ Income Supports

Carlyle Ministerial Alliance (Reach out to the Pastor at one of these churches with your ask)
Life Church, Jason McIntosh, #(618) 594-2200
St. Mary's Catholic Church, Father George Mauck, #(618) 594-2225
Carlyle Christian Church, Josh Wolford, #(618) 594-3489
First Baptist Church, Scott Broughton, #(618) 594-3223

BCMW Office
Phone Number: 618-532-7388
308 N Locust St, Centralia, IL 62801
http://www.bcmwcommunityservices.org/
LIHEAP (Low Income Home Energy Assistance Program), Transitional Housing, Rental Housing Support, Weatherization Program, Housing Rehabilitation Program, Home Modification Program, Community Services Block Grant (CSBG) Emergency Services, Head Start.

TANF (Temporary Assistance for Needy Families):
https://www.dhs.state.il.us/page.aspx?item=30358
Apply at local DHS office or online at above email address. Provides temporary financial assistance for pregnant women and families with one or more dependent children. TANF provides financial assistance to help pay for food, shelter, utilities, and expenses other than medical.

Township Supervisors
www.clintonco.illinois.gov/community/townships/
General Assistance (GA) is a state funded program for families and individuals who do not qualify for benefits under the rules of the federal cash and medical benefit programs; i.e., AABD and TANF. The eligibility requirements for GA are not as restrictive as those for AABD and TANF. You must live in the township area to apply and there is paperwork requirements. Funds are limited and first come, first serve. You can ask for funds to cover things like utility shutoff prevention, rent or emergency housing, food & hygiene items, medical travel, and emergency burial (in limited cases). CALL FIRST!! Many offices only take appointments. Bring ID, proof of income/address/bills, etc. You must get a written decision-denial or approval. If denied, you have a right to appeal. Reach out to your Township Supervisor for more information at the link above.

12. Food Pantries/Blessing Boxes/ Nutrition Resources

Blessing Boxes (small outdoor boxes containing some dry goods/canned food items):
Breese Activity Center (NW corner of building), 419 S. Clinton, Breese, IL

Centralia Mobile Market
Fairview Park, 1035 W. McCord, Centralia, IL,
1pm, Second Thursday of each month. First come, first served. Distribution begins at 1pm.

Faith Baptist Church
618-444-1868
9724 Holy Cross Ln, Breese, IL 62230
www.faithbaptistbreese.com
first Thursday of every month 10:00-11:00am

First Baptist Church
618) 588-4833
8307 IL-160, New Baden, IL 62265
First Wednesday of every month. Starts at 11am till we run out of food

Feeding America
1-800-771-2303
U.S. Hunger Relief Organization www.feedingamerica.org

House of Manna Food Pantry
618-526-7123
480 South Fourth Street Breese, IL
Mondays 6-6:30pm
Must be first approved by BCMW (618) 526-7123. Food pantry serves Beckemeyer, Breese, St. Rose and Breese School Districts. Nonperishables only. Blessing Box outside facility for emergency food needs. Take what you need; leave what you can.

Hunger Hotline

- Call the USDA National Hunger Hotline, which operates from 8:00 a.m. – 8:00 p.m. ET. If you need food assistance, call 1-866-3-HUNGRY (1-866-348-6479) to speak with a representative who will find food resources such as meal sites, food banks, and other social services available near your location.
- Text to the automated service at 914-342-7744. with a question that may contain a keyword such as “food”, “summer”, “meals”, etc. to receive an automated response to resources located near an address and/or zip code.

Matthew 25 Ecumenical Food Pantry
618-594-3223
Hwy. 127/Clinton St. in St. Mary Church School parking lot
Wednesdays from 9am-11am
Anyone who resides in Clinton County and meets requirements may obtain food one time per month. Also provides a drive thru distribution, usually on the 3rd Monday of every month at the Emmanuel United Church of Christ at 19th and Clinton Streets. Arrive by 9am and line-up in car.

St. Vincent DePaul Food Pantry
618-523-4260
602 Church Street, Germantown, IL
Serves residents of Damiansville, Albers, Aviston, Germantown, and Bartelso.
Mondays from 10:30am-1pm.

Supplemental Nutrition Assistance Program (SNAP) (formerly Food Stamps)
Helps low-income individuals and families buy the food they need for good health. Participants are provided with an electronic card that is accepted at most grocery stores. The Department of Human Services (IDHS) administers the program in Illinois.
Most households with low income can get SNAP benefits. Eligibility is based on income and expenses as well as the number of people living and eating together. The rules are complex, so visit IDHS Supplemental Nutrition Assistance Program (SNAP) for more information on eligibility and enrollment in the program. https://www.dhs.state.il.us/page.aspx?item=30357 ABE SNAP Work Requirements Screener: www.aberp.illinois.gov/screener/ABAWD?lang=EN SNAP Connect-This program explains the new SNAP rules and helps people find resources that can support them. www.dhs.state.il.us/page.aspx?item=179738

Westgate Baptist Church, Greenbean Food Pantry
618-224-7581
843 West Broadway, Trenton, IL
https://www.westgatebc.com/green-bean-food-pantry
Wednesdays from 6-7pm, for Trenton residents. Once a month the pantry hosts a food truck from Feeding America that is available for all on the second Tuesday of every month.

WIC (Women, Infants, Children)
618-594-2723
Clinton County Health Department
Mon-Fri, 8:30am-4:00pm
991 Franklin St., Carlyle, IL
WIC is a food assistance program for Women, Infants, and Children. The program provides information about Nutrition, health, and breastfeeding. It helps in finding health care and other services in your area. WIC also provides families in need with assistance purchasing healthy foods. Program for pregnant, breastfeeding or postpartum women, their infants, children up to age 5, and their families.

Zion United Church of Christ
618-588-4135
414 West Hanover Street, New Baden, IL
https://www.zionuccnb.net/new-page-2
As a collaborative effort to provide for those in need, in conjunction with New Baden United Methodist Church and St. George Catholic Church, Zion United Church of Christ is home to the New Baden Food Pantry. The New Baden Food Pantry serves both residents of New Baden as well as New Memphis. Non-residents may be given permission to use the pantry under special circumstances. The application process is simple and the only requirements are identification and proof of residency. Acceptable forms of proof of residency include utility bills (such as water/sewer and electric) or a lease agreement. The New Baden Food Pantry is accessible Monday through Friday from 9am until 3pm. If you have any questions please contact the church.

U.S. Department of Agriculture, USDA MyPlate
www.myplate.gov
Dietary guidelines, portion recommendations, budget-friendly food ideas, recipes and more.

13. Funeral Homes

- **Moss Funeral Home**
- www.mossfuneralhome.com
    - 535 N. 5th Street, Breese, IL, 618-526-7144
    - 630 Railroad St., Germantown, IL, 618-523-7144
    - 105 S. Main, Trenton, IL 618-224-9255

- **Nordike Funeral Home**
- www.nordikefuneralhome.com
    - 15 E. Hanover St., New Baden, IL 618-588-3533
    - 150 N. Clinton, Breese, IL 618-526-7633
    - 301 S. Clinton, Aviston, IL 618-228-7253
    - 106 N. Broadway, Albers, IL 618-248-5408
    - 740 Fairfax, Carlyle, IL 618-594-2231

- **Zieren Funeral Home**
- www.zierenfuneralhome.com
    - 1111 Clinton St., Carlyle, IL 618-594-3151

14. Health and Wellness

Chiropractors:

- Alternative Solutions, 205 Munster St., Germantown, IL, 618-228-7722, https://alternativesolutions.janeapp.com/
- Integrated Medical Group, 2111 W. Lake Dr., Carlyle, IL, 618-594-4500, www.drthayer.com
- Med-Plus Physical Medicine, 18209 Eula May Pkwy, Carlyle, IL, 618-594-3671, www.medplusplus.com
- New Baden Chiropractic Center, 701 E. Hanover, New Baden, IL, 618-588-9355, https://www.facebook.com/people/New-Baden-Chiropractic-Center/100063842019200
- Smith Chiropractic Clinic, 14015 Jamestown Rd., Breese, IL, 618-526-7732, www.doctormarc.com
- Revermann Chiropractic, 397 N. Plum St., Breese, IL, 618-526-4700, www.revermannchiropractic.com
- Trenton Chiropractic, 206 W. Broadway, Trenton, IL, 618-224-9118, www.getmepainfree.com
- Well Adjusted Chiropractic, 111 E. Hanover St., New Baden, IL, 618-588-9355

Clinton County Health Department
618-594-2723
991 Franklin St., Carlyle, IL
https://clintoncountyhealth.com/
Immunizations; lab services; Women's, Infants & Children's (WIC) Program. WIC is a supplemental food program for women, infants and children who are eligible. The program serves pregnant women, new mothers, infants and children up to the age of five (5). WIC provides nutritious foods.

Dentists

- Bethel Buerk/Jeneana Deaiber, 20 S. Main Street, Trenton, IL Ph#618-224-9423
- Azar Orthodontics, 14011 Jamestown Rd., Breese, IL, Ph#618-235-3337, https://azarorthodontics.com/
- Breese Dental Care, 111 N. Main St., Breese, IL, Ph#618-526-2020, https://breesehighlanddental.com/
- Breese Dental Group, 9437 Holy Cross Lane, Breese, IL, Ph#618-526-4233, https://www.breesedentalgroup.com/
- First Arrow Dental, 9 N. 1st Street, New Baden, IL, Ph#618-588-3592, https://www.firstarrowdental.com/
- Franklin Whipps, Orthodontist, 702 Church St., Germantown, IL, Ph#618-523-4204
- Hyten Dental, 651 9th Street, Carlyle, IL, Ph#618-594-4288, https://www.hytendental.com/contact-us
- Ronald Kellough, 702 Church St., Germantown, IL, Ph#618-523-4251, https://www.ronkelloughdmd.com/
- Rural Health, Inc., Anna & Goreville Locations provide reduced fee services www.ruralhealthinc.org
- Shawnee Health Children's Dental Center, 3115 Williamson County Pkwy, Marion, IL 62959 (accepts Medicaid) http://www.shawneehealth.com/
- SIU School of Dental Medicine, 2800 College Ave., Alton, IL, Ph#618-474-7000, https://www.siue.edu/dental/patient-clinics/index.shtml

(Dentists Continued)

- Wessol Dentistry, 550 8th St., Carlyle, IL, Ph#618-594-3361, https://www.wessoldental.com/

Doctors:

- AST Primary Care, 12977 Franklin St., Carlyle, IL, Ph#618-227-7229, https://www.advancedsurgicaltechnology.com/about/locations/
- Deanna DuComb Dermatology, 1210 Jefferson St., Carlyle, Ph#618-594-2454, http://drducomb.com/
- HSHS Medical Group (many doctors at many locations--General, Surgery, Podiatry, and more), https://www.hshs.org/medical-group/locations
- Right From the Start Pediatrics, 9423 Holy Cross Ln., Breese, IL, Ph#618-526-8850, www.drmorra.com
- Southern Ob/Gyn & Assoc., 9447 Holy Cross Ln., Breese, IL, Ph#618-526-2209. www.sogamds.com

Eye Doctors/Services

- Breese Family Vision, 289 N. Main, Breese, IL, Ph#618-526-7765, https://lebanonoptometriccenter.com/
- Clarkson Eyecare, 103 Clintonian Plaza, Breese, IL, Ph#618-526-7447, https://www.clarksoneyecare.com/locations
- Lions Club-Assistance for eye exams, glasses or hearing aids should be requested through your local Lions Club
- Marion Eye Centers, 1950 Franklin, Carlyle, IL, Ph#618-594-2220, https://www.marioneye.com/

Health Benefits for Workers with Disabilities
800-226-0768
www.hbwdillinois.com
Working individuals with a disability pay a low monthly premium and receive full medical benefits.

HSHS St. Joseph's Hospital
618-526-4511
9515 Holy Cross Lane, Breese, IL
https://www.hshs.org/st-josephs-breese
Inpatient and outpatient services; emergent and crisis services; lab/x-ray services; can apply for financial
assistance with bills; Wellness Lab Day on Tuesdays, 6:30am-4pm; physical therapy; Senior Renewal program; audiology/speech therapy; dietician; free Narcan Rescue Kits available at ER front desk, no questions asked.

15. Health Insurance Helps

https://www.chestnut.org/chestnut-family-health-center/services/outreach-and-enrollment/
Chestnut staff have been certified and licensed as Certified Applications Counselors (CAC). The CAC is intended to assist Chestnut Health Systems clients, **as well as non-clients** in applying for insurance coverage at the Health Insurance Marketplace; i.e. Medicaid, etc. CACs will assist the applicants quickly and efficiently in applying for insurance coverage, walking them through the process with care, patience, and compassion, and providing follow up as needed. CACs can be contacted for assistance by calling them at 618-512-1864, and/or emailing them at SR-CAC@chestnut.org. CACs can help either in person, by telephone, or telephonically via Zoom or Teams. Effective 3/20/23, we will have a CAC onsite Monday thru Friday from 7:30 a.m. to 3:30 p.m. at the Northgate location ready and available to help.
When requesting help from a CAC, it is important that you provide the CAC with:

1. Applicants full name
2. Applicants date of birth
3. Applicants contact information
    a. Applicants should be prepared for a meeting with a CAC by having the following available and ready:
4. Social Security Number
    a. If applying for family coverage, they will need the family members Social Security Numbers.
5. Last 3 paystubs, if available, or proof of income (if employed)
    a. If applying for family coverage, they will need the family members income as well.
6. Driver's License or State Photo ID

All Kids Insurance
866-255-5437
https://hfs.illinois.gov/medicalprograms/allkids.html
A health insurance program for children living in Illinois who need insurance. Children must be 18 or younger.

FamilyCare
1-866-255-5437
https://hfs.illinois.gov/medicalprograms/allkids/familycare.html www.familycareillinois.com
Coverage to parents living with their children 18 years old or younger. FamilyCare also covers relatives who are caring for children in place of their parents. Income limits apply.

www.Healthcare.gov marketplace for private insurance plans for you or your family.

HFS Healthcare and Family Services Medical Programs
hfs.illinois.gov
Booklet that explains the Healthcare and Family Services (HFS) Medical programs.

Medicaid Illinois
(800) 843-6154
Apply for benefits at https://abe.illinois.gov
Information: applying for and managing Medical, SNAP and Cash benefits.

Medicare
800-633-4227
www.medicare.gov
Medical insurance for persons age 65 and older.

16. Hispanic/Latino Helps

Puentes de Esperanza
(618) 398-0557
8 Executive Dr., Ste. 200, Fairview Heights, IL 62208
https://hoyleton.org/programs/hispanic-community-support/
helps Spanish-speaking residents in Southern Illinois find community resources that can help them establish citizenship, build a family, find employment, and more.

Illinois Attorney General (helpline in Spanish) #1-866-310-8398

Illinois Coalition for Immigrant and Refugee Rights
(855) 435-7693
228 S. Wabash, Suite 800, Chicago, Illinois 60604
www.icirr.org/riseup
dedicated to promoting the rights of immigrants and refugees to full and equal participation in the civic, cultural, social, and political life of our diverse society. Know Your Rights resources; services; events

National Immigrant Justice Center (NIJC):
www.immigrantjustice.org
Our advocacy and legal services teams keep families together, free people from the dangers of immigrant detention, and prevent asylum seekers and long-time community members from being deported based on unjust laws and illegal government actions.

Parent Center Hub (Formerly NICHCY) en español
https://www.parentcenterhub.org/recursos-en-espanol/

The Immigration Project
309-829-8703 X102 and leave a message.
P.O. Box 1503, Bloomington, IL 61702-1503
info@immigrationproject.org
https://www.immigrationproject.org/contact-us/
The Immigration Project utilizes a rural-regional service model to provide affordable, accessible, and high-quality immigration legal services to the immigrants living in our 86 county service area. Provides: attorney consultations on immigration issues; citizenship application workshops; social services like help with translation and interpretation, preventing eviction, accessing healthcare and more.

17. Hotlines

- 211 – Helpline that can connect individuals and families with local community services, 24/7.
- 988 – Suicide and Crisis Lifeline to connect to the closest crisis center in area, 24/7.
- Child Abuse Helpline, #1-800-252-2873 (helps kids/adults who are worried about kids they suspect are being abused)
- Disaster Distress Helpline, #1-800-985-5990 (counseling/support to people experiencing emotional distress related to natural or human-caused disasters)
- Eating Disorders Hotline, #1-888-375-7767 (Peer-led support and referrals for those experiencing an eating disorder)
- Elder Abuse Hotline, #1-866-800-1409 (for reporting suspected abuse, neglect or exploitation of people with disabilities ages 18-59 and seniors living in Illinois)
- Friends for Survival Suicide Loss Helpline: Ph#800-646-7322, www.friendsforsurvival.org
- HIV/AIDS & STD Hotline, #800-243-2437
- IL Dept. of Veterans Affairs, #1-800-437-9824
- Illinois Helpline, #1-833-234-6343 (connects people with opioid and other substance use disorders with providers, resources, and support)
- Tobacco Quitline, #1-866-784-8937, TTY: 1-800-501-1068, Assistance with quitting smoking
- Illinois Warm Line, #1-866-359-7943 (receive support for you or family with mental health/substance use challenges)
- LGBTQ National Hotlines: Ph#888-843-4564 www.lgbthotline.org Youth (under 25): Ph#800-246-7743; Seniors (50+): Ph#800-246-7243
- Never Use Alone Hotline #800-484-3731
- National Coming Out Support Line: Ph#888-688-5428 www.lgbthotline.org
- National Council on Problem Gambling: Ph#800-522-4700
- National Domestic Violence Helpline, #1-800-799-7233 (help for those being emotionally/physically abused by a partner)
- National Human Trafficking Hotline, #1-888-373-7888 (provides support to victims of trafficking)
- National Parent Helpline: Ph#855-427-2736, www.nationalparentyouthhelpline.org

(Hotlines Cont.)

- National Runaway Safeline, #1-800-786-2929 (call for help if you or a friend are thinking of or have runaway and need help)
- National Sexual Assault Hotline, #1-800-656-4673 (for help with rape, sexual abuse & incest)
- Overeaters Anonymous: Ph#505-891-2664, www.oa.org
- Poison Control, #1-800-222-1222 (for help with poison information or ingestion advice)
- Problem Gambling Helpline, #1-800-426-2537 (help for your problem situation with gambling)
- Safe2Help, #1-844-472-3345 (offers students a safe, confidential way in which to share information that might help Prevent suicides, bullying, school violence or other threats to school safety.)
- SAMHSA, #1-800-622-4357 (for help finding mental health or substance use treatment)
- The Trevor Project, #1-866-488-7386 (LGBTQ crisis line)
- USDA Hunger Hotline, #1-866-348-6479 (helps find food resources like food banks, meal sites, & other social services near you)
- Veterans Crisis Line, dial 988 then press 1

18. Housing/Homeless Shelters/Recovery Housing

BCMW Community Services

618-532-7388

308 N. Locust, Centralia
Mondays-Thursdays, 8am-4pm
https://bcmwcommunityservices.org/
The Transitional Housing Program is a supportive housing program for homeless families. Participants are provided a subsidized transitional housing unit to live in while they actively work on goals that will make them self-sufficient. Target areas include income, employment, education, transportation, child care, health and housing. The ultimate goal of the program is for families to be able to obtain and remain in affordable permanent housing. The Rental Housing Support Program is a rent subsidy program, similar to the HUD voucher program, that targets extremely low-income renters.

Carlyle Ministerial Alliance
Life Church, Jason McIntosh, #(618) 594-2200
St. Mary's Catholic Church, Father George Mauck, #(618) 594-2225
Carlyle Christian Church, Josh Wolford, #(618) 594-3489
First Baptist Church, Scott Broughton, #(618) 594-3223

Charity Home Ministries
618-300-0771
Belleville, IL
https://charitihome.org
Providing safe, stable, and appropriate transitional housing, education, mentoring, and resource connections to pregnant or parenting teens.

Chestnut Health Systems Supportive Housing:
chestnut.org/mental-health-and-substance-use-treatment/support-services/housing (Metro East Area)

Eviction Help Illinois
855-631-0811
www.evictionhelpillinois.org
Free legal aid, mediation services, and connections to other resources such as rental assistance to increase housing stability.

Family Life Shelter
618-242-2002
12580 N. Sparrow Lane, Mt. Vernon, IL
https://familylifemtv.com/family-life-shelter
shelter to help people get on their feet. Can help with ID's, jobs, vehicles, and homes. Open 24 hours.

Germantown General Assistance
618-971-7695
705 Prairie Street, Germantown, IL
Germantown Residents only. Basic needs assistance for adults with no children, rent and mortgage. Call for an application to be filled out and taken to a case worker.

Good Samaritan House
618-876-0607
1825 Delmar Ave., Granite City, IL
https://www.goodsamhouse.org/
Provides unhoused mothers and their children with guidance, shelter, and hope.

Good Samaritan Ministries
618-457-5794
701 S. Marion St., Carbondale, IL
https://goodsamcarbondale.com/
Provides emergency shelter, transitional living program, soup kitchen, food pantry and emergency assistance.

Illinois Attorney General Homeowner Helpline: 1-866-544-7151

Illinois Housing Search
https://www.ilhousingsearch.org/
This is a free, online resource for renters and property providers in Illinois. Search for affordable, accessible, and market-rate housing that will fit your needs and budget. Please check back for new and updated listings often.

Illinois Statewide Referral Network:
www.csh.org/ilsrn/
connects people who have support services in place to affordable housing.

Landlords of Rental Properties (not a complete list; contact local Village Halls for their lists)
Income Based:

Lakeside Villas (only seniors age 55+), Carlyle	#217-717-9476
Maplewood Estates, Centralia	#618-545-0219
Centralia Meadows, Centralia	#618-335-8912
Village Apartments, Centralia	#618-532-8971
North Cherry Court Apartments, Breese	#618-406-6129
Diamond Senior Apts. (seniors age 55+), Breese	#217-717-9476
Shawnee Enterprises	#618-997-5365

Other: (landlords—call to see what/where they might have property available or coming soon)
Coachlight Apartments, Beckemeyer, #813-633-3740
Gary Grapperhaus, #618-227-8281
Wilken Development, #618-830-4985 (Cedarpoint in Carlyle;)
Paul Watkins, #618-972-0618
Clyde Dorries, #618-920-5550
Kues Bros. Realty, #618-228-7395
Bernie Johnson, Goldman Properties, Breese, #618-918-3731
Westgate Apartments, Carlyle, #618-469-0469 (MACO Management)
Poos Drive Apartments, New Baden, #618-257-7675
Thrive Properties, Carlyle/Beckemeyer/Breese… #618-795-6335

Lifeboat Alliance
618-244-4088
1717 Jefferson Avenue, Mt. Vernon, IL
www.lifeboatalliance.org
offers a home for the homeless providing a temporary refuge from life's storms, be it shelter from the elements, basic necessities, safety, tools of self rescue, and to share the love of Christ to those in need.

Looking Glass General Assistance
618-588-4888 or 618-588-7148
3113 Leisure Street, New Baden, IL
New Baden Residents only. Basic needs assistance for adults with no children.

McKinney-Vento Act 618-283-5011
Regional Office of Education #3
1500 W. Jefferson Street, Vandalia, IL
If you are staying temporarily with someone else because you lost your housing, or staying in a motel, campground, shelter, or in an outside or inadequate place, you and your children have special rights at school. If you need assistance getting services for our child from your school, please reach out for help.

Office of Housing Stability-Homeless Prevention
www.DHS.OHS.HP@illinois.gov
Emergency & transitional housing, Emergency Solutions Grant, Supportive Housing Services, OHS Permanent Supportive Housing, Homeless Prevention, Rapid Re-Housing, Shelter Diversion.

Office to Prevent and End Homelessness Illinois
www.dhs.state.il.us/page.aspx?item=138512

St. Rose General Assistance
618-654-2236
14446 Baumann Road, St. Rose, IL
St. Rose Residents only. Basic Needs Assistance for Adults with no children.

Nearest Oxford Houses:
www.oxfordvacancies.com
Collinsville (men/women)
Belleville (men/women)
Granite City (men/women)
Fairview Hts. (men/women)
Mt. Vernon(women/men)
O'Fallon (women)
Maryville (men)

Sober House Directory: www.soberhousedirectory.com/homes/?query=Illinois

Salvation Army Homelessness Services (Midwest Central Region)
800-725-2769
The Salvation Army USA MidWest offers safe shelter to homeless and near-homeless individuals. This program provides: Shelter / Emergency housing- Transitional housing

TANF (Temporary Assistance for Needy Families): apply at local DHS office or online at https://www.dhs.state.il.us/page.aspx?item=30358. Provides temporary financial assistance for pregnant women and families
with one or more dependent children. TANF provides financial assistance to help pay for food, shelter, utilities, and expenses
other than medical.

USDA Rural Development-Single Family Housing Programs
https://www.rd.usda.gov/programs-services/single-family-housing-programs
Gives families and individuals the opportunity to buy, build, or repair affordable homes located in rural America. Eligibility for these loans, loan guarantees, and grants is based on income and varies according to the average median income for each area.

19. Judicial/Legal/Law Enforcement

C.A.S.A. (Court Appointed Special Advocates) of Southern Illinois
618-998-2291
407 N. Monroe St., 3rd Floor, PO Box 972, Marion, IL 62959
https://www.casawilliamsoncounty.com/our-mission.html
CASA of Southern Illinois is a nonprofit organization that advocates for the best interests of abused and neglected children. Through trained volunteers, CASA provides children with stability, support, and a voice in juvenile court while working toward safe, permanent homes. Volunteers must be at least 21 years old and complete required training.

Clinton County Courthouse
8850 Fairfax St., Carlyle, IL
https://clintonco.illinois.gov/
Probation Dept./Drug Court: Ph#618-594-6635

Clinton County Sheriff's Department
618-594-4555
810 Franklin Street, Carlyle, IL
https://clintonco.illinois.gov/county-offices/sheriff/

Illinois Guardianship and Advocacy Commission
1-866-274-8023
www.gac.illinois.gov
Mission is to safeguard the rights of persons with disabilities by providing public guardianship services, legal representation in mental health proceedings, a process to investigate disability rights violations, and a resource for special education inquiries.

Land of Lincoln Legal Aid
877-342-7891
8787 State Street, Suite 201
East St. Louis, IL 62203
https://www.illinoislegalaid.org/
Toll Free: (855) 601-9474.
Provide eligible low-income and senior residents of central and southern Illinois with high quality civil legal services in order to obtain and maintain their basic needs. Areas services provided: Consumer Law, Family Law, Education Law, Elder Law and Disability Rights, Health & Economic Security, Housing Law, and Expungement & Sealing of Criminal Records. To apply for services, call Legal Advice and Referral Center (LARC) #(877) 342-7891, Hours: Mon – Thurs: 9 am to 4 pm, Friday: 9 am to 1:30 pm. Advice/referral center for housing Issues (utility shut-offs, trouble getting landlords to make repairs), family
issues (orders of Protection, custody cases), Consumer issues (debt collection, repossession), public benefits/health issues (TANF, SSI, General assistance, food stamps, Medicaid, Medicare). EVICTION & FRESH START PROJECT HOTLINE, Hours:

Local Police Departments: (for emergencies, dial 9-1-1)

- Albers Police, 206 West Dwight Street, Albers, #618-248-5156
- Aviston Police, 149 Page Street, Aviston, # 618-594-4555
- Beckemeyer Police, 191 East First Street, Beckemeyer, # 618-594-4555
- Breese Police, 500 North 1st Street, Breese, # 618-526-7226
- Carlyle Police, 2111 West Lake Drive, Carlyle, #618-594-2488
- Centralia Police, 222 S Poplar St, Centralia, IL 62801, # 618-533-7602
- Germantown Police, 306 Prairie Street, Germantown, #618-523-4226
- New Baden Police, 100 East Hanover Street, New Baden, #618-588-7741
- Trenton Police, 25 West Indiana Street, Trenton, #618-224-9226

Office of the State Appellate Defender Expungement Unit
866-787-1776
400 W. Monroe, Suite 202, Springfield, IL 62704
https://www2.illinois.gov/osad/Expungement/Pages/default.aspx
Email: Expungement@osad.state.il.us
People with qualifying arrests and convictions may petition the court of their sentencing county to expunge or seal their records. The office of State Appellate Defender can answer your questions regarding eligibility for expungement and sealing. Contained in this site is an overview explaining the process and worksheets to determine if you qualify to expunge or seal your record. The Office of the State Appellate Defender cannot represent you on a petition to expunge or seal your records. To contact them with questions, or to request a copy of the overview, worksheets and/or forms you may email, call or write. Be sure to include your mailing address if requesting materials to be mailed to you. All forms and information may also be downloaded.

20. LGBTQIA+ Resources

HIV Care Connect
https://hivcareconnect.com/
Illinois HIV Care Connect is a program of the Illinois Department of Public Health (IDPH), which is responsible for administering Part B of the Ryan White HIV/AIDS Program. Illinois HIV Care Connect is a comprehensive network of health care and support services for HIV+ individuals that is coordinated by eight regional administrative offices covering all of Illinois' 102 counties.

IL Pride Connect Resource Hub
855-805-9200
http://www.ilprideconnect.org/
IL Pride Connect will inform individuals of their rights and connect them to health and social services support; Provides two key tools: a digital resource hub and a free legal hotline.

Metro East Pride
PO Box 794, Belleville, IL 62222
https://www.metroeastpride.org/
Purpose of Metro East Pride is to advance unity, visibility and wellness among persons with diverse sexual and gender identities through cultural and educational programs, sharing of information and resources, and social activities in the Metro East area including the annual Metro East Pride Fest —celebrating the present, envisioning the future and honoring the past.

Modern Military Association of America
https://modernmilitary.org/
A united voice for LGBTQ+ military and veteran communities. Modern Military works to uphold and expand the civil rights progress made on behalf of LGBTQ+ service members, veterans, and their families through education, advocacy, support networks, and discrimination tracking.

O**utCare Health**
https://www.outcarehealth.org/
Resource to find LGBTQ+ friendly and affirming doctors or healthcare providers

The Trevor Project
https://www.thetrevorproject.org/resources/
LGBTQ+ Mental Health Resources. You matter. Let's keep you thriving. The Trevor Project offers several
resources supporting the mental health of LGBTQ+ young people, including self-care guides and articles regarding mental
wellness.

21. Parks and Recreations (free/public)

- Albers:
  - Lehrter/Jaycee Park, 500 Park Avenue
- Aviston:
  - Village Park, 149 S. Page
- Bartelso:
  - Village Park, North Street/N. B Street
- Beckemeyer:
  - Community Development Club Park, Murray Street
- Breese:
  - Jaycee Park, 63 Mater Dei Drive/Germantown Road
  - Northside Park/Hannah's Playground, Walnut/10th Streets (**inclusive!**)
  - Southside Park, 960 S. Broadway
- Carlyle:
  - Eldon Hazlet State Park, 20100 Hazlet Park Rd
  - Carlyle Lake (Dam East/Dam West Beach/Rec areas), Lake Road
  - City Park (home of Christmas Lights) 1096 Lake Road
  - Fish Hatchery Park, 850 Franklin Street
  - General Dean Suspension Bridge, 501 1st St., Carlyle, IL
  - McNair Beach, Old US Hwy. East out of town
  - South Shore State Park, Saddle Dam 2 Road
  - Spillway Recreation Area, Old US Hwy. 50 out of town
- Germantown:
  - Lake Park, Munster Street/Rt. 161
  - Schoendienst Park, East Street/Sycamore Street (east end of street)
- Hoffman:
  - Village Park, Huey Road
- New Baden:
  - Village Park, 1 E Hanover St **(inclusive**!)
- St. Rose:
  - Village Park, St. Rose Road

(Parks and Recreation continued)

- Trenton:
  - Village Park, 14 West Broadway
  - Northland Nature Preserve, 611 N. Tyler Street

Note: also check out school playgrounds in each town.

22. Pregnancy Supports

Pregnancy Care Clinic
618-548-3111 (Salem) 302 N. Walnut, Salem, IL - still servicing all of Clinton, Marion County, and the surrounding areas
https://pregnancycc.com/
Offers confidential services related to pregnancy and sexual health. Services: abortion pill reversal, adoption and adoption information, after abortion services, clothing and food assistance, counseling, healthcare, maternity clothes and baby items, parenting classes, peer-to-peer support, pregnancy options, pregnancy testing, STD/STI testing, STD/STI treatment, support for men, limited ultrasound.

Pregnancy Support Center
618-664-3799 - CALL MONDAY- THURSDAY 10am - 2pm
116 S. Second Street, Greenville, IL
https://bcpregnancy.weebly.com/contact.html
The Pregnancy Support Center exists to aid the woman who may be unaware of the alternatives to abortion. The Pregnancy Support Center provides counsel for her family and, upon request, the father of the child. Services: Peer counseling and friendship, free pregnancy tests, education on pregnancy, abortion and alternatives, housing for homeless clients with Christian families, clothing and furnishings for both mother and baby, information on breastfeeding, referrals for adoption and foster care, referrals for medical care/legal assistance, childbirth classes, continuing education and social services, informational
speaking engagements, abstinence education and counseling, resource library: videos, books and brochures.

Relevant Pregnancy Options Center
618-654-3732
2654 Plaza Dr., Highland, IL
https://relevantoptions.org/services/
Offers services that will assist you in making an informed decision regarding your unplanned pregnancy. Free, Lab-Quality Pregnancy Testing, Parenting Resources and Classes, Abortion Education, Adoption Information, Post-Abortion Support, Fatherhood Support, and Maternal Support.

23. Prescription Drug Take Back Locations in Clinton County

Drop-off your unused or unwanted prescription medications like tablets, capsules, patches, and other solid forms of prescription drugs.
Note: The DEA cannot accept liquids, needles or sharps. DEA Drug Take Back Days, 3rd Saturday of April and October, 10am-2pm.

- Albers Police Department (206 W. Dwight Street)
- Aviston Police Department (149 S. Page Street)
- New Baden Police Department (100 East Hanover): does not accept liquids; drop box in lobby
- Trenton Police Department (25 W. Indiana St.) drop box in lobby 24/7; does not take needles/sharps, liquids, or pressurized canisters
- Breese Police Department (500 N. First St.): does not take needles/sharps, liquids, or inhalers
- Wamac Police Department: will accept everything, including needles/sharps. Open 24/7.
- Centralia Police Department: will accept everything, including needles/sharps. Open 24/7
- Clinton County Sheriff's Department will accept everything except needles/sharps, liquids, and aerosols. Press the HELP button in the lobby for assistance.
- Family Care Pharmacy- 20 N 4th St., Breese, IL, 62230
- Bandy's in Trenton

24. Senior Services

- Western Clinton County Senior Services, Trenton, IL, Ph#618-224-9913 (Meals on Wheels, carry-outs, activities)
- Meals on Wheels-Clinton County Senior Services, 630 8th St., Carlyle, IL, Ph#618-594-2321(meals, activities, speakers, benefit access, SHIP counseling, Medicare/ Medicaid/Part D Prescription help, telephone reassurance, options counseling, and more)
- Adult Day Service:ilaging.illinois.gov/programs/adult-day.html
- AgeSmart: https://www.agesmart.org/
- Alzheimer's Association: www.alz.org/illinois
- Alzheimer's.gov: www.alzheimers.gov
- Cemetery or Funeral Oversight: IL Dept. of Financial and Professional Regulation; To request information or make a complaint about a cemetery, call #1-888-756-8331 or visit www.idfpr.com.
- Community Care Program: ilaging.illinois.gov/programs/ccp.html
- Compare Providers Near You: www.medicare.gov/care-compare/ (see each's 5 star rating)
- Eldercare Locator: Ph#800-677-1116
- Engage 2 Change/Adult Protective Services Hotline: 1-866-800-1409 ilaging.illinois.gov/engage
- Help at Home, 626 Wesley Drive, Unit 626, Wood River, Ph#618-258-1155 www.helpathome.com

(Senior Services cont.)

- Hospice of Southern Illinois, 333 S. Illinois, Belleville, Ph#618-222-5905, www.hospice.org
- HSHS Home Care/Hospice Services, #800-551-6566, www.hshshomecare.org
- Illinois Care Connections: ilaging.illinois.gov/programs/illinois-care-connections.html provides technology and assistive devices to older adults to enhance social connectedness, independence, and overall well-being.
- Illinois Department on Aging: https://ilaging.illinois.gov/
- Illinois Attorney General Senior Consumer Fraud Hotline: #1-800-243-5377
- Illinois Department on Aging Senior Helpline: 1-800-252-8966 www.state.il.us/aging
- Illinois Department on Aging Protective Services Hotline (formerly the Elder Abuse Hotline):
- Call the 24 hour hotline at 1-866-800-1409 (TTY: 1-888-206-1327)
- Nursing Home Hotline: 1-800-252-4343 (To file a complaint against a nursing home)
- Senior Helpline, #1-800-252-8966
- Senior Health Insurance Program (SHIP): free statewide health insurance counseling service for Medicare beneficiaries and their caregivers. SHIP counselors answer questions about Medicare, Medicare Supplement, Medicare managed care and long-term care insurance. ilaging.illinois.gov/ship.html

25. Support Groups

Adult Children of Alcoholics (ACA), www.adultchildren.org

Al-Anon & Alateen Family Groups, www.al-anon.org

Alcoholics Anonymous, www.aa.org (find a meeting near you or look at TAC's Recovery Meeting List)

Celebrate Recovery, www.celebraterecovery.com (find a meeting near you)
Celebrate Recovery is a safe place to find community and freedom from the issues that are controlling our life Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain, or addiction or any kind- worry, anxiety, anger, finances, eating issues, control issues, denial, people pleasing, workaholism, codependency,alcoholism, perfectionism, fear, drugs, low self-esteem, grief, pornography - any hurt, habit, or hang up. Child care provided.
5:30pm Free Meal, 6:15pm large group, 7:15pm small groups.

www.compassionatefriends.org Grief support group.

Co-Occurring Disorders Group (NAMI)
Hybrid meeting (in person and virtual); led by peers (persons with mental illness); for ages 18 & up; meets weekly on Wednesdays at 6:30pm (begins 11/5); email jfarley@namiswi.org for link or location.

Grief Recovery After A Substance Passing (GRASP): no local groups here but if interested in starting one,

Contact: administrator@grasphelp.org http://grasphelp.org/

Griefshare: a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. You
don't have to go through the grieving process alone. Find a GriefShare support group or event near you.
www.griefshare.org

Heartlinks Grief Center
618-277-1800
5110 West Main, Belleville IL
www.myheartlinks.com
Monthly grief support for kids, teens, and adults. Meetings are typically held at 6:30 p.m. on the first Monday of every month (subject to change based on holidays – check our newsletter and the Heartlinks Facebook website for confirmed dates) at the Heartlinks Grief Center in Belleville.

In The Rooms (ITR) Online Communities and Meetings:
https://www.intherooms.com/home/
ITR is an online social network for recovery community. Its mantra is the acronym HITCH (Help, Inform, Touch, Connect, and Heal).

Life Ring Secular Recovery
www.lifering.org
Their 3-S Philosophy: Sobriety-means abstinence from alcohol and other addictive drugs, unless medically indicated and taken as prescribed. LifeRing views medically-assisted recovery as a decision made between patients and their treatment Providers; Secularity-Out of respect for people of all faiths and none, LifeRing conducts meetings in a secular way, meaning LifeRing does not use prayer or religion; Self-Empowerment-Recovery is based on self-empowerment, motivation, and individual efforts. Each person decides what works and builds their sobriety upon that foundation.

N**arcotics Anonymous**, www.na.org (find a meeting near you or look at TAC's Recovery Meeting list), also includes programs like NA-Teen

Overeaters Anonymous: www.oa.org, #505-891-2664, A community of people who support each other
in order to recover from compulsive eating and food behaviors.

PAL (Parents of Addicted Loved Ones) Group
www.palgroup.org
A nonprofit that provides hope through education and support to parents or friends of adults or loved ones dealing with substance use disorder. The free weekly meetings follow evidence-based practices, and the curriculum used is designed specifically for parents by professionals in the treatment and recovery industry. Lots of options for virtual online meetings.

Project Hope
618-594-2200
16580 Old State Road, Carlyle, IL
https://www.lifechurchcarlyle.com/project-hope.html
Night begins with prayer and worship. The Project Hope program is based on God's word to assist in daily healing and adjusting to life's problems. After prayer and worship, there is open group discussion on the evening's topic, followed by snacks and fellowship.

SMART Recovery
www.smartrecovery.org
The goal of SMART Recovery is for you to achieve a health, positive and balanced lifestyle and to "move
on" when you feel confident your addictive behavior is behind you, rather than remaining a permanent participant in the program.

Women for Sobriety
www.womenforsobriety.org
Women for Sobriety (WFS) is the first peer-support program tailored specifically for women overcoming substance use disorders (SUDs). With online, location-centered and Click 'n Go meetings, the New Life Program provides supportive, empowering, secular, and life-affirming principles that address the unique needs and challenges of women in recovery.

Women's Group (NAMI)
https://www.nami.org/find-your-local-nami/
Weekly via Zoom on Thursdays at 7pm; in-person the 4th Saturday of the month at 3pm; email hkapp@namiswi.org for link or location.

26. Transportation

South Central Transit
800-660-7433 for scheduling transportation, option 4 for Clinton County
Breese - 12778 Drive-In Road Breese, IL
Centralia - 100 N Locust St, Centralia, IL 62801
www.southcentraltransit.org
Public transportation. Wheelchair accessible. Daily shuttle services are available as well as scheduled ride services.

First Transit - Med Car
877-725-0569
Transportation coverage for standard Medicaid appointments (not Illini, Molina, etc.).

Friends Van-HSHS Hospital in Breese and Highland,
618-526-8254 for scheduling. Hours are Monday through Friday 7:30 am to 4:00 pm
https://www.hshs.org/st-josephs-breese/patients-guests/patient-transportation
Program provides free transportation for medical, dental, and personal appointments. Medical appointments take priority, which include visits to physicians, dentists, chiropractors, pharmacies, and St. Joseph's Hospitals. The Friends Van service area includes the following towns: Alhambra, Albers, Aviston, Bartelso, Beckemeyer, Breese, Carlyle, Centralia, Damiansville, Germantown, Highland, Grantfork, Keyesport, Marine, New Baden, Pierron, Pocahontas, St. Jacob, St. Rose, Trenton, Troy.

Jewel Ride Non-Emergency Medical Transportation
1-877-595-7933, email info@jewelride.com
www.jewelride.com
Offering reliable transportation assistance for non-medical transportation.

27. Treatment Centers/MAR-MAT/Peer Recovery Support/Free Narcan

Alcoholic Rehabilitation Community Home (ARCH)
618-877-4987
1313 21st St., Granite City, IL
www.archhouse.org
Level III.1 extended care residential treatment center providing individualized care for men struggling with
substance use disorders.

Alton Memorial Hospital
Call patient navigator at (618) 463-7780
1 Memorial Drive, Alton, IL
www.altonmemorialhospital.org
Offers a **Warm Handoff Program** out of the **Center for Behavioral Health and Addiction Medicine**. The program offers help to adults who present to their Emergency Department and are in active withdrawal from opiate or alcohol addiction.

BJC Memorial Hospital Medical Stabilization Program
618-257-5341
4500 Memorial Drive, Belleville, IL https://memhosp.org/medical-stabilization/?fbclid=IwAR20gBXLd0PF6egz6dEkll_K8_wg-GdcAnjakm1M9iHbAv9wnINSWsmUrIw
Offering **medical detox** and peer recovery specialist support, **MAR**–can also initiate Vivitrol for alcohol or Suboxone for opiates during detox.

Centerstone Mental Health & Addiction Services
1-877-467-3123
2615 Edwards Street, Alton, IL 62002
https://centerstone.org/locations/illinois/#nav-illinois
Centerstone provides mental health counseling, substance use treatment, and residential and inpatient care. Its TREAT program serves Illinois youth and young adults ages 10–25, offering early intervention, tobacco/nicotine education, substance use treatment, and MAT when appropriate. Services also include recovery support, mental health care, and individual and family education to help participants reduce or eliminate substance use and build healthier lives.

Chestnut Health Systems
618-877-4420
Crisis After Hours: 618-877-0316
50 Northgate Industrial Drive, Granite City, IL
www.chestnut.org
Has multiple substance and mental health services for adults. Substance Services include Inpatient, Outpatient, and Intensive Outpatient, Psychiatric, DUI Drug Court, and Gambling Services. **Vivitrol & Suboxone therapies**. Ambulatory Withdrawal Management at their Maryville location

Comprehensive Behavioral Health Center
(618)-482-7330
505 South 8th Street, East St. Louis, Illinois
Providing comprehensive behavioral health services to individuals for emotional, rehabilitative and social support. Featuring a crisis center, a drop in day center, and multiple rehabilitation programs.

Comprehensive Connections
618-242-1510
Crisis Line: 618-242-1512
16338 N. IL Hwy. 37, Mt. Vernon, IL
Detox, Residential, and outpatient treatment.

Comwell (Medication Assisted Treatment)
618-243-2091
Crisis - 888-855-0034
109 W. Elm, Okawville, IL
Suboxone treatment managed via telehealth at their Okawville office.

Alpharus Health
618-310-0724
600 W. Lincoln Avenue, Caseyville, IL
https://www.alpharushealth.org
Offers a full continuum of care across a wide range of clinical settings, so no matter where a patient is in life or recovery, a program can be personalized for them. **Methadone, Buprenorphine, and Naltrexone therapies**.

Gateway Regional Medical Center-Behavioral Health Services
618-798-3000
2100 Madison Avenue, Granite City, IL
https://gatewayregional.net/
Offers treatment for mental and emotional health problems, substance use disorders (drugs or alcohol), and addiction.

HSHS St. Joseph's Hospital Warm Handoff Program
618-526-4511
Emergency Room, 9501 Holy Cross Lane, Breese, IL
https://www.hshs.org/st-josephs-breese
Access to Recovery Resources as well as Emergent and Crisis Care. **Anyone can come at any time for help, wanting help is enough. Come get a free "Rescue Bag" with resources and 2 boxes of Narcan, the opioid overdose reversal medication.

Illinois Recovery Center
888- 472-5004
1450 Caseyville Ave. Swansea, IL 62226
https://www.illinoisrecoverycenter.com/
Substance use treatment, **medical detox**, residential treatment, partial hospitalization program, intensive outpatient treatment, outpatient treatment programs, relapse prevention program, rehabs for women, sober living, stimulants **detox** programs, Telehealth.

MAR NOW Helpline
833-234-6343
The Illinois Helpline now offers medication on demand to IL residents seeking treatment for opioid use disorder (OUD) and alcohol use disorder (AUD). **Medication-assisted recovery (MAR)** involves the use of FDA-approved medications for treatment of OUD and AUD. Now an individual can speak directly with a provider over the phone, immediately receive a prescription or expedited, in-person appointment, and get transportation assistance to the pharmacy or clinic – all initiated through one phone Call.

New Vision
618-358-0200 Intake Coordinator
c/o OSF St. Anthony's Hospital
https://specialcarecorp.com/locations/alton-illinois/
1 St. Anthony's Way, Alton, IL
It is a **medical detox** program. They accept most all insurances including Medicaid. New Vision is a medically supervised, hospital-based service for adults experiencing impending or active withdrawal from alcohol, prescription medications, and/or certain drugs. New Vision provides safe, confidential, compassionate and reliable care with a typical stay of 72 hours for people who qualify.

New Life Midwest
(618) 610-1028
991 Franklin St, Carlyle (Health Dept.)
www.newlifemidwest.com
Provides **medication-assisted treatment** and psychiatry services. Also offers virtual appointments throughout the week to cater to the needs of our patients in the area.

SAMHSA Treatment Facility Locator: www.findtreatment.samhsa.gov

Touchette Regional Hospital
618) 332-3060
5900 Bond Ave, East St Louis, IL 6220

Narcan (places to find FREE Narcan within Clinton County)

- Call Sheridan Jordan with the Take Action Coalition of Clinton County and she can get some to you 618-789-3711.
- Germantown Public Library
- Clinton County Sheriff Office/Jail
- HSHS St. Joseph's Hospital

28. Veteran/Military Services

Veteran's Care
877-483-8779
https://share.google/iCqCI5r8DzZYqU9Bi
Health insurance for uninsured veterans who have the least access to reliable healthcare.

Helping a Hero (HAH) Wounded Hero Home Program
www.helpingahero.org/application-for-home/
The mission of Helping A Hero.org (HAH) is to empower America's severely wounded veterans, injured in the War on Terror, by partnering with selected wounded veterans to provide homes specially adapted for each veterans' needs.

Illinois Attorney General Military & Veterans Rights Hotline:
1-800-382-3000 (TTY: 1-800-964-3013)

I**llinois Joining Forces**
833-463-6453
211 South Clark Street #1161, Chicago, Illinois, 60690
www.illinoisjoiningforces.org
callcenter@illinoisjoiningforces.org
High-touch, holistic resource navigation for military, veterans and their families; all branches, all eras, all manner of discharge. IJF can present on IL Veteran Resource Navigation and the IJF Care Coordination Center statewide assistance and referral process.

Illinois Warrior Assistance Program
1-877-455-4927
www.illinoiswarrior.com
Assistance for Illinois veterans as they transition back to civilian life after serving their country.

Military Family Assistance Center
1-800-832-9225
600 Shiloh Drive, Mt. Vernon, IL
www.il.ngh.army.mil/family/fac/facmain.aspx
Information and referral help.

Operation Finally Home
www.operationfinallyhome.org/apply
Provides mortgage-free homes, home modifications and transitional housing to wounded, ill and injured military veterans, first responders and their families in honor of their service and sacrifice to their country and community.

Operation Protect Veterans
877-908-3360
www.AARP.org/fraudwatchnetwork
AARP and the US Postal Inspection Services have joined forces fighting back against fraudulent scan artists targeting Veterans.

SAFE Project
https://www.safeproject.us/vetrans/recovery-meetings/
Virtual group meetings for Veterans in recovery on Tuesdays at 6pm EST (5pm Central) moderated by a licensed clinician.

Star Behavioral Health Providers:
www.starproviders.org
Is a resource for military-connected individuals who are seeking military-aware mental health services. Offers a free, online directory of trained providers. This directory is a resource for service members, veterans, and their families. Has a resource page with links to **MANY** other military support resources and agencies.

Veteran's Crisis Line
Dial 988, option 1
Connects Veterans in crisis and their families and friends with qualified, caring, U.S. Department of Veteran's Affairs responders.

Veteran's Legal Assistance Program (VLAP) (SIU)
855-452-3526
115 Douglas Dr., Carbondale, IL
https://law.sie.edu/academics/clinics
Providing legal assistance to veterans in Southern Illinois who cannot afford or do not have access to legal representation in the areas of claims for compensation of service connected disabilities, pension, survivor benefits and education benefits.

Veteran 2 Veteran of Bond County:
www.facebook.com/veterantoveteranbondcounty/about
618-960-6221
Unofficial organization in Greenville, IL, for local veterans. Group meets monthly and provides comradery, food, and information.

Wounded Warrior Project
888-997-2586
www.woundedwarriorproject.org
We offer a wide range of programs, services, and resources that work together to help improve well-being, from meaningful connections to mental, physical, and financial wellness. Post-9/11 wounded, ill, or injured veterans and their families are eligible to join and never pay a penny for our services and support. If you are currently on active duty, transitioning, or served on or after September 11, 2001, you may be eligible. A disability rating is not required.