PERRY/JACKSON ROSC COUNCIL

Community Resource List

Social Services and Community Resources for Perry and Jackson Counties

FY27 Update

Coverage Area	Perry County and Jackson County, Illinois
Last Updated	October 2026
Prepared For	Perry/Jackson ROSC Council (PJRC)
Contact	Jessica Marcsewski, ROSC Coordinator, jessicam@takeactiontoday.net, ph: 618-713-7423

Table of Contents

How to Use This Guide 4

Illinois & National Helplines 4

★ Substance Use and Mental Health Resources 6

- Licensed SUD Prevention Services 6
- Licensed SUD Treatment Services 7
- Medication for Addiction Recovery (MAR) Providers 8
- Mental and Behavioral Health Services 8
- Peer Recovery Support Services 10
- Harm Reduction Services 11
- Recovery Support Groups and Meetings 11

Housing 13

- ★ Recovery Residences 13
- Homeless Services and Shelters 13
- Housing Authorities 14
- Affordable Housing 14
- Rent and Utility Assistance 14
- Warming/Cooling Centers 16

Healthcare 16

- Hospitals and Urgent Care 16
- Primary Care and Community Health Centers 17
- Public Health Departments 18
- Dental & Vision 18

Food and Nutrition Resources 19

- Food Pantries 19
- Free Meals 20

Basic Needs 20

Clothing and Household Items 20
Transportation 21
Family, Youth, Seniors, and Veterans 22
Children and Family Services 22
Pregnancy Resources and Prenatal Choices 24
Youth Services 24
Senior Services 24
Veterans Services 25
Disability Services 27
Employment and Education 27
Employment and Job Training 27
Adult Education and GED 27
Legal Services 28
Legal Aid and Advocacy 28
Courts, Probation, and Reentry Services 28
Survivor Resources 28
Community Assets 29
Libraries 29
Parks and Recreation 29
Parks and Recreation ..... **Error! Bookmark not defined.**
Other Public Amenities 31
FY27 Updates and Service Gaps 32
New Services and Provider Changes 32
Identified Service Gaps 34

How to Use This Guide

This guide lists social services and community resources in Perry and Jackson Counties, organized by sector. Each listing includes the address, phone number, hours of operation, website, and a brief description of services. Information may change; please call ahead to confirm hours and eligibility.

Key:

- ★ **SUD/MH** – Substance use disorder or mental health resource (highlighted throughout this guide)
- **MAR** – Offers Medication for Addiction Recovery
- **New, updated, and closed listings** – Summarized in the FY27 Updates and Service Gaps section at the end of this guide
- **(P)** Perry County / **(J)** Jackson County / **(R)** Regional or statewide

Illinois & National Helplines

Service	Contact Information	Hours	Description
Emergency Services	911	24/7	Police, fire, and medical emergencies
988 Suicide & Crisis Lifeline ★	Call or text 988	24/7	Free, confidential support for mental health, substance use, and suicidal crisis
Military/Veterans Crisis Line ★	Call: 988 (Press 1) Text: 838255		Connects veterans and service members with caring, qualified responders from the Department of Veterans Affairs.
Illinois Warm Line ★	Call: (866) 359-7953		Not a crisis hotline. Phone support from Wellness Support Specialists for you or a family member facing mental health and/or substance use challenges.
SAMHSA's National Helpline ★	Call: 1-800-662-HELP (1-800-662-4357) www.samhsa.gov	24/7, 365 days a year	Free, confidential treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

Friends for Survival – Suicide Loss Helpline ★	Call: (916) 392-0664 Toll-free: 1-800-646-7322 www.friendsforsurvival.org		Organized by and for survivors grieving the suicide death of a family member or friend. All staff and volunteers offering support have been directly impacted by a suicide death.
Never Use Alone Hotline ★	Call: (800) 484-3731 or (877) 696-1996		U.S. National Overdose Response line for people using alone with no one to call for help. A volunteer operator takes your location and alerts EMS if you stop responding after using.
Illinois Problem Gambling Hotline ★	Call: 1-800-GAMBLER (1-800-426-2537) Text: ILGAMB to 53342	24/7	Answered by experts who can help determine whether you or someone you know has symptoms of a gambling problem, and refer you to therapists nearby if treatment is needed.
Illinois Tobacco Quitline ★	Call: 1-866-QUIT-YES (1-866-784-8937) www.quityes.org		Free resource for individuals who want to quit tobacco or related products.
National Human Trafficking Hotline	Call toll-free: 1-888-373-7888 humantraffickinghotline.org	24 hours a day, 7 days a week	If you or someone you know needs help, speak with a specially trained Anti-Trafficking Hotline Advocate. Support is provided in more than 200 languages to listen and connect you with the help you need to stay safe.
National Domestic Violence Hotline	Call: 1-800-799-SAFE (7233) www.thehotline.org	24/7, 365 days a year	Provides essential tools and support to help survivors of domestic violence live free of abuse. Highly trained, expert advocates offer free, confidential, and compassionate crisis intervention, support, information, education, and referral services in over 200 languages.
Dial 2-1-1	Call: 211 www.211.org		Help finding food, paying housing bills, accessing childcare, or other essential services.

★ Substance Use and Mental Health Resources

This section highlights all substance use disorder (SUD) and mental health (MH) resources in the coverage area, including licensed prevention and treatment services, Medication for Addiction Recovery (MAR), peer recovery support, and harm reduction services.

Licensed SUD Prevention Services

Organization	Address	Contact Information	Hours	Services Offered
★ Chestnut Health Systems (R)	Call for local service locations [verify]	(888) 924-3786 www.chestnut.org	Phones answered Monday–Friday, 6:30 AM–7 PM	Substance use and mental health prevention education; designated mobile crisis response provider for Perry County
★ Centerstone – Carbondale South (J)	2311 South Illinois Ave., Carbondale, IL 62903	Initial appointments: (877) 467-3123 Main: (855) 608-3560 www.centerstone.org	Mon–Wed & Fri 8 AM–7:30 PM; Thu 8 AM–5:30 PM [verify]	Substance abuse prevention skills; life skills and parenting groups
★ Caring Counseling Ministries (R)	11264 Route 37, Marion, IL 62959 Satellite: JCity Center for Hope & Renewal, 504 E. Broadway, Johnston City, IL 62951	(618) 997-2129 www.ccmrocks.com	Tue–Fri 10 AM–6 PM; Sat 9 AM–3 PM	Individual, family, and marriage counseling for substance use, trauma, and mental health; insurance, scholarships, and low-fee options
★ Southern Illinois Youth Empowerment Network (SIYEN) – a Take Action Today program (R)	Take Action Today Resource Center – Benton, 905/906 W. Washington St., Benton, IL 62812	(618) 212-3171 www.takeactiontoday.net	Monday–Friday, 9 AM–5 PM	BASE grant prevention program serving youth in Southern Illinois; school and community prevention programming *Note: AHP licensed, not DBHR*

Licensed SUD Treatment Services

Organization	Address	Contact Information	Hours	Services Offered
★ **Centerstone (J)**	2311 South Illinois Ave., Carbondale, IL 62903	(877) 467-3123		Substance use treatment / peer recovery support services
★ **Cedar Court Clinic – Community Health & Emergency Services, Inc. (CHESI) (J)**	1340 N. Cedar Ct., Carbondale, IL 62901	(618) 457-7821 www.chesi.org		Substance use treatment / peer recovery support services
★ **Alpharus Health (Gateway Foundation) (J)**	1080 E. Park St., Carbondale, IL 62901	(618) 353-3953 www.alpharushealth.org		Substance use treatment / peer recovery support services
★ **Perry County Counseling Center (P)**	1016 South Madison Street #A, Du Quoin, IL 62832	(618) 542-4357 perrycountycounselingcenter.org	Mon 8 AM–5 PM; Tue 8 AM–6:30 PM; Wed 8 AM–5 PM; Thu 8 AM–6:30 PM; Fri 8 AM–4 PM	Substance use treatment / peer recovery support services
★ **Rassik Complete Recovery Inc. (J)**	1175 Cedar Court, Carbondale, IL 62901	(618) 490-1045	Tues 9 AM - 3 PM; Wed 9AM – 4 PM; Thurs 9 AM – 3 PM; Fri 9 AM – 2 PM	Substance use treatment / peer recovery support services
★ **Recover US (J)**	2250 Reed Station Pkwy., Suite 204,	(618) 519-9444 www.recoveruscenters.com	M-F, 8 AM – 5 PM; Sat/Sun 10 AM – 5 PM	Substance use treatment / peer recovery

	Carbondale, IL 62901			support services

Medication for Addiction Recovery (MAR) Providers

Organization	Address	Contact Information	Hours	Medications / Services Offered
★ **Cedar Court Clinic – Community Health & Emergency Services, Inc. (CHESI) (J)**	1340 N. Cedar Ct., Carbondale, IL 62901	(618) 457-7821 www.chesi.org		Medication for Addiction Recovery (MAR)
★ **Rassik Complete Recovery Inc. (J)**	1175 Cedar Court, Carbondale, IL 62901	(618) 490-1045		Medication for Addiction Recovery (MAR)
★ **Shawnee Health Care – Carbondale Location (J)**	400 S. Lewis Lane, Carbondale, IL 62901	(618) 519-9200		Medication for Addiction Recovery (MAR)
★ **Shawnee Health Care – Murphysboro Location (J)**	7 South Hospital Drive, Murphysboro, IL 62966	(618) 519-9200		Medication for Addiction Recovery (MAR)

Mental and Behavioral Health Services

Organization	Address	Contact Information	Hours	Services Offered
★ **Anchored Hope (P)**	6 South Washington Street, Du Quoin, IL 62832	(618) 790-9156 www.anchoredhopellc.com		Mental/behavioral health services
★ **CRHPC Comprehensive Behavioral Health (P)**	119 Gas Plant Road, Du Quoin, IL 62832	(618) 790-2146 www.crhpc.org	Monday–Friday, 8 AM–5 PM	Comprehensive behavioral health services
★ **Perry County Counseling Center (P)**	1016 South Madison Street #A, Du Quoin, IL 62832	(618) 542-4357 perrycountycounselingcenter.org	Mon 8 AM–5 PM; Tue 8 AM–6:30 PM; Wed 8 AM–5 PM; Thu 8 AM–	Counseling services

			6:30 PM; Fri 8 AM–4 PM	
★ Albany Clinic (J)	35 Albany Rd., Suite A, Carbondale, IL 62903	(888) 804-4330 Email: contact@albanyclinic.com	Monday–Friday, 9 AM–6 PM	Mental/behavioral health services
★ Centerstone (J)	2311 South Illinois Ave., Carbondale, IL 62903	(877) 467-3123 www.centerstone.org	M-F, 8 AM – 7:30 PM	Mental/behavioral health services
★ Community Health and Emergency Services – Cedar Court Clinic (CHESI) (J)	1340 Cedar Court, Carbondale, IL 62901	(618) 529-3862 www.chesi.org	Wednesday, 8 AM–5 PM	Mental/behavioral health services
★ Counseling and Psychological Services (CAPS) – SIU Student Health Services (J)	374 East Grand Avenue, Carbondale, IL	(618) 453-3311 www.shc.siu.edu/counseling		Counseling services; for SIU students only
★ Shawnee Health Care (J)	400 South Lewis Lane, Carbondale, IL 62901	(618) 519-9200 www.shawneehealth.com	Mon & Wed 8 AM–7 PM; Tue & Fri 8 AM–5 PM; Thu 8 AM–6 PM	Mental/behavioral health services
★ SIU Clinical Center (J)	624 Wham Drive, Room #141, Carbondale, IL 62901	(618) 453-2361		Mental/behavioral health services
★ Shawnee Health Care – Carbondale Middle School Behavioral	1150 East Grand Ave., Room 127, Carbondale, IL 62901	(618) 956-9690		School-based behavioral health counseling; must be a student

Health Counseling (J)				
★ Shawnee Health Care – Parrish Elementary School Behavioral Health Counseling (J)	121 North Parrish Lane, Room 123, Carbondale, IL 62901	(618) 956-9690		School-based behavioral health counseling; must be a student
★ Tri-County Education Center Terrier Care – Shawnee School-Based Health Care (J)	1301 East Walnut Street, Room J120, Carbondale, IL	(618) 956-9690		School-based behavioral health counseling; must be a student
★ Shawnee Health Care – Lewis School Behavioral Health Counseling (J)	810 South Lewis Lane, Room 153, Carbondale, IL 62901	(618) 956-9690		School-based behavioral health counseling; must be a student
★ Shawnee Health Care – Thomas Elementary School Behavioral Health Counseling (J)	1025 North Wall Street, Room 102, Carbondale, IL 62901	(618) 956-9690		School-based behavioral health counseling; must be a student

Peer Recovery Support Services

Organization	Address	Contact Information	Hours	Services Offered
★ Take Action Today Resource Center (J)	809 West Main Street, Carbondale, IL 62901	(618) 212-3171 www.takeactiontoday.net	Monday–Friday, 9 AM–5 PM	Peer recovery support services; showers and laundry services

Harm Reduction Services

Includes naloxone (Narcan) distribution, fentanyl and xylazine test strips, syringe services, and safer-use supplies.

Organization	Address	Contact Information	Hours	Services Offered
★ **Take Action Today Resource Center (J)**	809 West Main Street, Carbondale, IL 62901	(618) 212-3171 www.takeactiontoday.net	Monday–Friday, 9 AM–5 PM	Harm reduction services
★ **National Harm Reduction Coalition (R)**	Online resource	Find Harm Reduction Resources Near You		Online locator to find harm reduction resources in your area, including free naloxone, syringe service programs, and mail-based naloxone
★ **The Community Action Place (J)**	1400 N. Wood Rd., Murphysboro, IL 62966	(618) 364-8053 tcapinc.org		Free HIV, Hep C, and STI testing; free condoms; harm reduction supplies; syringe access; naloxone; PrEP enrollment

Recovery Support Groups and Meetings

Group / Meeting	Location	Contact Information	Day & Time	Description
★ **River 2 River Area of Narcotics Anonymous (R)**	Online resource	River 2 River Area of NA	See website for full meeting list	Narcotics Anonymous (NA) area website with local meeting lists, literature, and events
★ **Second Chance – NA Meeting (J)**	Center for Independent Living, 2135 West Ramada Lane, Carbondale, IL 62901		Tuesday, 7:30–8:30 PM Friday, 7:30–8:30 PM	Narcotics Anonymous (NA) meeting

★ Southern Illinois Alcoholics Anonymous – District 17 (R)	Online resource	AA Hotline: (618) 251-4000 Southern Illinois AA Meetings	See website for full meeting list	Alcoholics Anonymous (AA) meeting finder for Southern Illinois, with in-person and online meetings
★ Here's How Group – AA Meeting (J)	The Gaia House Interfaith Center, 913 S. Illinois Ave., Carbondale, IL 62901		Monday – Friday, 12 PM	Alcoholics Anonymous (AA) meeting; hybrid (in-person and online)
★ Du Quoin Monday Night Group – AA Meeting (P)	Perry County Counseling Center/Deer Run Park, 1016 S. Madison St., Du Quoin, IL 62832		Monday, 8 PM	Alcoholics Anonymous (AA) meeting
★ Du Quoin Wednesday Night Meeting – AA Meeting (P)	St. John's Church of Christ, 20 S. Hickory St., Du Quoin, IL 62832		Wednesday, 8 PM	Alcoholics Anonymous (AA) meeting
★ The Turning Point Group – AA Meeting (J)	Center for Independent Living, 2135 W. Ramada Ln., Carbondale, IL 62901		Tuesday, 5:30 PM	Alcoholics Anonymous (AA) meeting; in-person and online
★ Keep It Simple Sister's Women – Women's AA Meeting (J)	St. Xavier Catholic Church, 303 S. Poplar St., Carbondale, IL 62901		Thursday, 5:00 PM	Women's Alcoholics Anonymous (AA) meeting; in-person and online
★ Carbondale New Radicals – AA Meeting (J)	St. Andrew's Episcopal Anglican Church, 402 W. Mill St., Carbondale, IL 62901		Friday, 7:30 PM	Young People's open meeting of Alcoholics Anonymous (AA)
★ The Pinckneyville Attitude Modification Meeting – AA Meeting (P)	Pinckneyville Senior Club, 605 S. Douglas St., Pinckneyville, IL 62274		Saturday, 7:00 AM	Alcoholics Anonymous (AA) meeting

★ Saturday Early Birds – AA Meeting (J)	First Christian Church, 308 W. Monroe St., Carbondale, IL 62901		Saturday, 8:00 AM	Alcoholics Anonymous (AA) meeting
★ Murphysboro Group – AA Meeting (J)	United Methodist Church, 1500 Pine St., Murphysboro, IL 62966		Saturday, 10:00 AM	Alcoholics Anonymous (AA) meeting; in-person and online
★ The How Group – AA Meeting (J)	The Gaia House Interfaith Center, 913 S. Illinois Ave., Carbondale, IL 62901		Last Sunday of the month, 6:00 PM	Alcoholics Anonymous (AA) potluck and speaker meeting; hybrid (in-person and online)

Housing

★ Recovery Residences

Residence	Location	Contact Information	Population Served	Description
★ Kazi House (J)	905 S. Giant City Rd., Carbondale, IL 62902	(618) 388-0546 www.oxfordvacancies.com	Men (9 beds)	Oxford House recovery residence. Check the website for current vacancies.
★ Terrapin House (J)	106 N. Lark Ln., Carbondale, IL 62901	(618) 924-3598 www.oxfordvacancies.com	Men (8 beds)	Oxford House recovery residence. Check the website for current vacancies.

Homeless Services and Shelters

Organization	Address	Contact Information	Hours	Services Offered
Good Samaritan House (J)	701 South Marion Street, Carbondale, IL 62901	(618) 457-5794 www.goodsamcarbondale.com		Emergency and transitional housing

Free Laundry Day at Laundry World (J)	601 South University Ave., Carbondale, IL 62901	(618) 549-21486 [verify]	2nd Wednesday of the month, 10 AM–2 PM	Free laundry; soap and quarters provided. Limit of three loads.
Southern Illinois Coalition for the Homeless (R)	1009 West Cherry Street, Marion, IL 62959	(618) 993-0094		Housing programs and homeless outreach

Housing Authorities

Organization	Address	Contact Information	Hours	Services Offered
Perry County Housing Authority (P)	120 South Walnut Street, Du Quoin, IL 62832	(618) 542-5409 www.perrycountyhousing.org	Mon, Tue, Thu & Fri 8:30 AM–4 PM; Wed 8:30 AM–12 PM	Affordable housing
Jackson County Housing Authority (J)	300 North 7th Street (P.O. Box 1209), Murphysboro, IL 62966	(618) 684-3183 www.jacksoncountyhousingauthority.org		Affordable housing

Affordable Housing

Organization	Address	Contact Information	Hours	Services Offered
Pinckneyville Gardens (P)	102 E. Randolph St., Pinckneyville, IL 62274	(618) 357-8631		Affordable housing
Five Star Apartments (P)	126 N. Hickory St., Du Quoin, IL 62832	(618) 542-5421		Affordable housing

Rent and Utility Assistance

Organization	Address	Contact Information	Hours	Services Offered

Western Egyptian E.O.C. – Perry County Outreach Office (P)	317 South Washington St., Du Quoin, IL 62832	(618) 542-4656 www.weeoc.org		Emergency rental and utilities assistance
Western Egyptian E.O.C. – Jackson County Outreach Office (J)	342 North Street, Suite B, Murphysboro, IL 62966	(618) 684-3341 www.weeoc.org/counties/jackson-county		Energy assistance and weatherization services for Jackson County residents
Carbondale Township (J)	217 East Main Street, Carbondale, IL 62901	(618) 457-3366		Rent and utilities assistance; Carbondale residents only
Good Samaritan House (J)	701 South Marion Street, Carbondale, IL 62901	(618) 457-5794 www.goodsamcarbondale.com		Emergency rental and utilities assistance
St. Francis Xavier Church (J)	303 South Poplar Street, Carbondale, IL 62901	(618) 457-4556		Limited assistance; will help once a year
Crosswalk Community Action Agency (R)	410 West Main Street, West Frankfort, IL 62896	(618) 937-3581 crosswalkcaa.com		Emergency rental and utilities assistance
Centerstone Rent Assistance Program (R)		(618) 465-01201 [verify] Centeprogram.org/programs/rent-assistance/ [verify]		Rent assistance; Jackson County residency not required. Applicants do not need to be Centerstone clients but must be enrolled in health care services.

Warming/Cooling Centers

Organization	Address	Contact Information	Hours	Services Offered
Take Action Today Resource Center (J)	809 West Main Street, Carbondale, IL 62901	(618) 212-3171 www.takeactiontoday.net	Monday–Friday, 9 AM–5 PM	Daytime shelter from inclement weather.

**Contact local law enforcement offices and local city hall departments to see if they are acting as a warming/cooling center.*

**This resource will be updated seasonally.*

Healthcare

Hospitals and Urgent Care

Organization	Address	Contact Information	Hours	Services Offered
Pinckneyville Community Hospital (P)	5383 State Route 154, Pinckneyville, IL 62274	(618) 357-2187	Emergency Department open 24 hours	Hospital; 24-hour emergency department
Pinckneyville Community Hospital – Weekend Walk-In Clinic (P)	5383 State Route 154, Pinckneyville, IL 62274	(618) 357-2187	Saturday, 8 AM–4 PM; Sunday, 12–4 PM	Weekend walk-in clinic
Marshall Browning Hospital (P)	900 North Washington St., Du Quoin, IL 62832	(618) 542-2146	Emergency Department open 24 hours	Hospital; 24-hour emergency department
Marshall Browning Urgent Care (P)	900 North Washington St., Du Quoin, IL 62832	(618) 542-1050	Mon–Fri 8 AM–7 PM; Sat 8 AM–5 PM; Sun 12–4 PM	Urgent care
Shawnee Health Care – Same Day (J)	404 South Lewis Lane,	(618) 519-9200 www.shawneehealth.com	Mon–Fri 8 AM–7 PM; Sat 8 AM–5	Same-day care; no

	Carbondale, IL 62901		PM; Sun 11 AM–4 PM	appointment needed
SIH St. Joseph Memorial Hospital (J)	2 South Hospital Dr., Murphysboro, IL 62966	(618) 684-3156	Emergency Department open 24 hours	Hospital; 24-hour emergency department
SIH Memorial Hospital – Carbondale (J)	405 W. Jackson St., Carbondale, IL 62901	(618) 549-0721	Emergency Department open 24 hours	Hospital; 24-hour emergency department
SIH Walk-In Clinic (J)	2601 West Main Street, Carbondale, IL 62901	(618) 549-5361 www.sih.net	Mon–Fri 8 AM–8 PM; Sat 8 AM–5 PM; Sun 12–4 PM	Walk-in clinic

Primary Care and Community Health Centers

Organization	Address	Contact Information	Hours	Services Offered
Du Quoin Community Health Center (P)	1564 South Washington Street, Du Quoin, IL 62832	(618) 542-8792	Monday–Friday, 8 AM–5 PM	Community health center
Pinckneyville Community Hospital – Family Medical Center (P)	5383 State Route 154, Pinckneyville, IL 62274	(618) 357-2131	Mon–Fri 8 AM–5 PM; Sat 8 AM–4 PM; 12–4 PM [verify day]	Family medical center
Marshall Browning Medical Clinic (P)	900 North Washington Street, Du Quoin, IL 62832	(618) 542-1050	Monday–Friday, 8 AM–4:30 PM	Medical clinic
Cedar Court Clinic – Community Health and Emergency Services (CHESI) (J)	1340 Cedar Court, Carbondale, IL 62901	(618) 529-3862 www.chesi.org	Monday–Friday, 8 AM–5 PM	Community health clinic

Shawnee Health Care – Carbondale (J)	400 South Lewis Lane, Carbondale, IL 62901	(618) 519-9200	Monday–Friday, 8 AM–5 PM	Community health center
Shawnee Health Care – Murphysboro (J)	7 South Hospital Drive, Murphysboro, IL 62966	(618) 519-9200 www.shawneehealth.com	Monday–Friday, 7:45 AM–5 PM	Community health center

Public Health Departments

Organization	Address	Contact Information	Hours	Services Offered
Perry County Health Department (P)	907 S. Main St., Pinckneyville, IL 62274	(618) 357-5371 www.perryhealth.net	Monday–Thursday, 7:45 AM–5 PM	Public health services
Jackson County Health Department (J)	415 Health Dept. Rd., Murphysboro, IL 62966	www.jchdonline.org	Mon, Tue, Wed & Fri 8 AM–4 PM; Thu 8 AM–6 PM	Public health services

Dental & Vision

Organization	Address	Contact Information	Hours	Services Offered
Dental Safari (R)	7562 Old Route 13, Marion, IL 62959	(618) 993-8333 www.dentalsafaricompany.com		School-based dental care in Perry and Jackson County public schools
Cedar Court Clinic – Community Health & Emergency Services, Inc. (CHESI) (J)	1340 N. Cedar Ct., Carbondale, IL 62901	(618) 457-7821 www.chesi.org		Dental care
Shawnee Health Care (J)	404 South Lewis Lane,	(618) 519-9200 www.shawneehealth.com	Monday–Thursday, 7:30 AM–5:30 PM	Dental care

	Carbondale, IL 62901			
SIU Dental Hygiene Clinic (J)	1365 Douglas Drive, Carbondale, IL 62901 (College of Health and Human Sciences Building, across from SIU Arena)	(618) 453-8826 www.sah.siu.edu/dhc.php	Appointments made Monday–Friday at 8 AM and 1 PM	Dental hygiene services provided by dental hygiene students; appointments can last up to 4½ hours
SIU Community Dental Center (J)	1365 Douglas Drive, Carbondale, IL 62901 (Applied Science and Arts Building, by the entrance closest to SIU Arena)	(618) 453-2352 School of Health Sciences | SIU [verify web address]		Community dental center
Douglas Baker, DDS (J)	305 South Oakland Ave., Carbondale, IL 62901	(618) 549-2166		Dental care; accepts medical cards for children only
Murphysboro Dental Center (J)	1116 Locust St., Murphysboro, IL 62966	(618) 687-4040		Dental care

Food and Nutrition Resources

Food Pantries

Organization	Address	Contact Information	Hours	Services Offered
Bread of Life Food Pantry (Reformed	321 S. Ervin St., Cutler, IL 62238	(618) 318-2541	3rd Saturday of the month, 9–11 AM	Food pantry mainly serving Cutler, Percy, and Campbell Hill

Presbyterian Church of Cutler) (P)				residents who do not have a pantry in their own town
Du Quoin Food Pantry (P)	314 N. Maple St., Du Quoin, IL 62832	(618) 542-7434	Thursdays, 9 AM–12 PM (closed 5th Thursday)	Perry County residents only; photo ID and proof of address required; may visit 2 times per month
Least of the Brethren Ministry – Jesus' Hands Feed the Hungry Food Pantry (P)	407 South Douglas St., Pinckneyville, IL 62274	(618) 357-6953	Monday and Friday, 9 AM–12 PM	Food pantry; bring driver's license and proof of current address
Western Egyptian E.O.C. – Perry County Outreach Office (P)	317 South Washington St., Du Quoin, IL 62832	(618) 542-4656 www.weeoc.org	Thursday, 1–3 PM	Food pantry
Carbondale Muslim Center Food Pantry (J)	530 N. Wall St., Carbondale, IL 62901	(618) 457-6522		Food pantry

Free Meals

Organization	Address	Contact Information	Hours	Services Offered
Bethel A.M.E. Church – Feed My Sheep (J)	316 East Jackson Street, Carbondale, IL 62901	(618) 521-7424	Monday–Friday, 12–1 PM	Free daily lunch
724 Ministries at Walker House (J)	724 Walnut Street, Murphysboro, IL 62966	(618) 534-4971 www.724ministries.org	Sundays, 4–6 PM	Free meal

Basic Needs

Clothing and Household Items

Organization	Address	Contact Information	Hours	Services Offered

Caring and Sharing (P)	814 S. Main St., Pinckneyville, IL 62274	(618) 357-2246	Thursday, Friday & Saturday, 9 AM–1 PM	Thrift store
St. Joseph Thrift Store at Sacred Heart Church (P)	110 West Main Street, Du Quoin, IL 62832	(618) 542-3423	Thursday 9 AM–4 PM; Saturday 9 AM–12 PM	Thrift store
Goodwill Store (J)	1145 E. Main St., Carbondale, IL 62901	(618) 549-3415	Monday–Friday 10 AM–8 PM; Sunday 10 AM–6 PM	Thrift store
Renew (J)	1130C East Walnut, Carbondale, IL 62901	(618) 364-8250	Monday–Friday 9 AM–5 PM; Saturday 9 AM–2 PM	Thrift store

Transportation

Organization	Address	Contact Information	Hours	Services Offered
South Central Transit (P)	Local office: 854 East Olive Street, Du Quoin, IL 62832 Main office: 1616 East McCord, Centralia, IL 62801	(618) 532-8076 www.southcentraltransit.org	Office: Monday–Friday, 8 AM–4 PM Ride scheduling: Monday–Friday, 8 AM–3:30 PM (call at least 1 day ahead)	Public transportation
Jackson County Mass Transit (J)	975 Charles Road, Carbondale, IL	(618) 549-0304 www.jcmtd.com	Dispatch: Monday–Friday, 7 AM–5 PM Fixed routes run 7 days a week; hours vary by route	Public transportation
Rides Mass Transit (R)		(618) 993-1900 or toll-free (877) 743-3402 www.ridesmtd.com/counties/williamson-county	Reservations: Monday–Saturday, 8 AM–4 PM (book 24 hours	Picks up in Carbondale and transports to

			ahead; no same-day rides)	Marion (call for details)
Saluki Express Mass Transit (J)		(618) 549-0304 or (618) 453-2461	Saluki Route: Monday–Friday, 7 AM–7:30 PM; Sahara and Pyramid Routes run 7 days a week Saluki Night Shuttle: Monday–Saturday, 7 PM–12 AM	Public transportation
Greyhound Bus Lines (J)	Carbondale Multimodal Station, 401 S. Illinois Ave., Carbondale, IL 62901	(618) 549-3495 www.greyhound.com/en-us/bus-station-560175	Bus stop only (no ticket office); see greyhound.com for departure times	Intercity bus service

Family, Youth, Seniors, and Veterans

Children and Family Services

Organization	Address	Contact Information	Hours	Services Offered
Caritas Family Solutions (R)	10286 Fleming Rd., Carterville, IL 62918	(618) 985-2000 www.caritasfamilysolutions.org	Monday–Friday, 8:30 AM–4:30 PM	Family services for Perry and Jackson Counties
Child Care Resource and Referral (R)	607 S. Greenbriar Rd., Carterville, IL 62918	(618) 985-5975 www.ccrrjalc.com	Mon, Wed–Fri 8 AM–4:30 PM; Tue 10:30 AM–4:30 PM	Child care resources and financial assistance.
Child & Family	2751 West Main Street,	(618) 529-3147 or (888) 340-6702	Monday–Friday, 8 AM–4 PM	Family resources

Connections (R)	Carbondale, IL 62903	www.cfc24.org		
DHS Family Community Resource Center (J)	342 North Street, Murphysboro, IL 62966	(618) 687-1705 www.abe.illinois.gov	Monday–Friday, 8:30 AM–5 PM (closed state holidays)	State benefits and family resources
Perry-Jackson Child Advocacy Center (R)	5512 State Route 154, Pinckneyville, IL 62274	(618) 357-2990 www.perryjacksoncac.com	Monday–Friday, 8 AM–4 PM [verify]	Child advocacy services
The Little Resource Center (J)	608 Eastgate St., Carbondale, IL 62901	(618) 534-3345	Office: Monday–Friday, 9 AM–5 PM Walk-in (diapers, formula, supplies): Monday–Friday, 1–5 PM	Family resources
Toys for Tots (R)		www.toysfortots.org/request-a-toy	Online requests; seasonal (holiday season)	Holiday assistance: go to the website, select county and town, and request a toy
CASA of Southern Illinois (R)	Williamson County Administrative Building, 407 N. Monroe, 3rd Floor, Marion, IL 62959	(618) 998-2291 www.casaofsi.org		Court Appointed Special Advocates (CASA): trained volunteers advocate for children in the court system. Serves Jackson, Johnson, Union, and Williamson Counties.

Pregnancy Resources and Prenatal Choices

Organization	Address	Contact Information	Hours	Services Offered
Alamo Women's Clinic (J)	2800 W. Main St., Carbondale, IL 62901	(800) 821-7237		Abortion clinic
CHOICES (J)	600 N. Giant City Rd., Carbondale, IL 62901	(618) 300-6017		Abortion care and HRT
Clarity Women's Care (J)	241 S. Lewis Ln., Carbondale, IL 62901	(618) 549-2794		Pregnancy resource center
Planned Parenthood (J)	200 N. Emerald Ln., Carbondale, IL 62901	(800) 230-7526		Pregnancy choice information
The Little Resource Center (J)	608 Eastgate St., Carbondale, IL 62901	(618) 534-3345		Pregnancy resource center

Youth Services

Organization	Address	Contact Information	Hours	Services Offered

Senior Services

Organization	Address	Contact Information	Hours	Services Offered
Egyptian Area Agency on Aging (Region 11 Southern Illinois) (R)	200 E. Plaza Drive, Carterville, IL 62918	(618) 985-8311		Services for seniors in Perry and Jackson Counties
Golden Plate Program of Perry County (P)	721 N. Hickory St., Du Quoin, IL 62832	(618) 542-3511	Monday–Friday, 8 AM–3 PM	Meal site, adult day service, outreach services, and more
Carbondale Senior Center (J)	409 North Spring Street, Carbondale, IL 62901	(618) 457-4151		Senior center; home-delivered meals available
Center for Senior Renewal – Southern	2 Hospital Dr. #001,	(618) 684-3156		Senior services

Illinois Healthcare (J)	Murphysboro, IL 62966	sih.net		
Senior Adult Services (J)	409 N. Spring St., Carbondale, IL 62901	(618) 457-4151		Senior adult services
Shawnee Alliance for Seniors (R)	6355 Brandhorst Dr., Carterville, IL 62918	(618) 985-8322 www.shawneehealth.com		Senior services

Veterans Services

These services are offered to veterans throughout Southern Illinois.

Organization	Address	Contact Information	Hours	Services Offered
★ Marion VA Medical Center (R)	2401 West Main St., Marion, IL 62959	(618) 997-5311 VA Marion Health Care | Veterans Affairs		Program extensions: Addiction and Substance Use Services – Ext. 55721 Consultation Liaison Team – Ext. 59448 Employee Assistance Program (EAP) – Ext. 54759, 55750, 55983 Health Care for Homeless Veterans Program – Ext. 59457 Homeless Veteran Supported Employment Program – Ext. 59457 HUD–VA Supportive Housing – Ext. 59457 Integrated Mental Health in Primary Care/Behavioral Health Lab – Ext. 53249 Mental Health Intensive Case Management – Ext. 59366

				Military Sexual Trauma – Ext. 59367 OEF/OIF/OND Program – Ext. 54006 Outpatient Specialty Mental Health – Ext. 59182 Post-Traumatic Stress Disorder Clinic – Ext. 59430 Residential Rehab Treatment Program – Ext. 55721 Suicide Prevention Program – Ext. 59448 Supported Employment (SE) – Ext. 72438 Transitional Work Experience – Ext. 72438 Veterans Justice Outreach Program – Ext. 59367 Veteran Peer Support Services – Ext. 59436
★ Carbondale VA Clinic (J)	1130 East Walnut Street, Suite 100, Carbondale, IL 62901	(618) 351-1031	Monday–Friday, 8 AM–4:30 PM	VA clinic; also provides mental/behavioral health services
Marion VA Clinic (R)	3403 Heartland Street, Marion, IL 62959	(618) 997-5311 Ext. 72001		VA clinic
Illinois Department of Veterans' Affairs – State Regional Office Building (R)	2309 W. Main St., Suite 122, Marion, IL 62959	(618) 997-3309		State veterans' services

VA Medical Center Food Pantry (R)	Marion, IL 62959	(618) 993-4121	Monday–Thursday, 10 AM–1 PM	Food pantry; serves veterans in VA care

Disability Services

Organization	Address	Contact Information	Hours	Services Offered
Southern Illinois Center for Independent Living (J)	2135 W. Ramada Ln., Carbondale, IL 62901	(618) 457-3318		Independent living services for people with disabilities

Employment and Education

Employment and Job Training

Organization	Address	Contact Information	Hours	Services Offered
Man-Tra-Con Corporation (R)	Regional office: 3117 Civic Circle Blvd., Suite B, Marion, IL 62959 Jackson County office: Southern Illinois Multimodal Station, 401 S. Illinois Ave., Carbondale, IL 62901 Perry County office: John A. Logan College – Alongi Du Quoin Extension Center, 72 Southtowne Shopping Center, Du Quoin, IL 62832 (by appointment)	(618) 998-0970 Carbondale office: (618) 428-4460 Man-Tra-Con Corporation	Monday–Friday, 8:30 AM–4:30 PM	Free job search help, career guidance, job training, GED services, youth programs, and help for laid-off workers. Serves Franklin, Jackson, Jefferson, Perry, and Williamson Counties.

Adult Education and GED

Organization	Address	Contact Information	Hours	Services Offered

Legal Services

Legal Aid and Advocacy

Organization	Address	Contact Information	Hours	Services Offered
Land of Lincoln Legal Aid – South Regional Office (R)	509 South University Ave., Carbondale, IL 62901	(618) 357-7800 https://lincolnlegal.org		Free civil legal aid

Courts, Probation, and Reentry Services

Organization	Address	Contact Information	Hours	Services Offered
★ TASC Southern Illinois – Area 8 (R)	4505 W. DeYoung St., Suite 100, Marion, IL 62959	(618) 565-0060		Serves the Southern Illinois region
Jackson County Courthouse (J)	1001 Walnut Street, Murphysboro, IL 62966	Circuit Clerk: (618) 687-7300 jacksoncoilcircuitclerk.gov	Monday–Friday, 8 AM–4 PM	Jackson County Circuit Court and Circuit Clerk's Office; civil, criminal, traffic, small claims, juvenile, probate, and child support cases
Perry County Courthouse (P)	1 Public Square, Pinckneyville, IL 62274	Circuit Clerk: (618) 357-6726 perrycountyil.gov/perry-county-circuit-clerk	Monday–Friday, 8 AM–4 PM	Perry County Circuit Court and Circuit Clerk's Office; civil, criminal, traffic, and child support cases

Survivor Resources

Organization	Address	Contact Information	Hours	Services Offered
Survivor Empowerment Center (J)	610 South Thompson Street, Carbondale, IL 62901	(618) 549-4807 www.empoweringsurvivors.org		Domestic abuse services

Community Assets

Libraries

Library	Address	Contact Information	Hours	Services / Amenities
Pinckneyville Public Library (P)	312 S. Walnut St., Pinckneyville, IL 62274	(618) 357-2410		
Du Quoin Public Library (P)	28 S. Washington St., Du Quoin, IL 62832	(618) 542-5045		
Carbondale Public Library (J)	405 W. Main St., Carbondale, IL 62901	(618) 457-0354		
Rick Warren Memorial Public Library (J)	114 S. 4th St., Elkville, IL 62932	(618) 568-1843		
Sallie Logan Public Library (J)	1808 Walnut St., Murphysboro, IL 62966	(618) 684-3271		

Parks and Recreation

Organization	Address	Contact Information	Hours	Services / Amenities
Pyramid State Recreation Area (P)	1562 Pyramid Park Rd., Pinckneyville, IL 62274	(618) 357-2574 dnr.illinois.gov/parks/park.pyramid.html	Equestrian, bike, and hiking trails closed November 1–April 15	Fishing, hiking, horse and bike trails, camping, hunting
Pinckneyville City Park (P)	Perry County Fairgrounds, Pinckneyville, IL 62274 [verify street address]	(618) 357-3505 ci.pinckneyville.il.us		Playground, walking path, sports courts, pavilion rentals; Perry County Fair site

Pinckneyville City Lake (P)	North of Pinckneyville off IL Route 127	(618) 357-3505		Fishing, boat launch, accessible pier, pavilions
Bender Municipal Swimming Pool (P)	County Rd. and Fairground Rd. (southeast corner of City Park), Pinckneyville, IL 62274	Pool Manager (seasonal): (618) 571-3875	Seasonal: Memorial Day weekend to mid-August	Seasonal public pool, swim lessons
Pinckneyville Community Center (P)	203 N. Walnut St., Pinckneyville, IL 62274	(618) 317-7302	Monday–Friday, 8:30 AM–4 PM [verify]	Community center and event space
Du Quoin City Parks – Keyes Park and Thelma L. Pettiford Park (P)	Pettiford Park: 75–93 N. West St., Du Quoin, IL 62832 Keyes Park: Du Quoin, IL 62832 [verify street address] City Hall: 302 E. Poplar St., Du Quoin, IL 62832	City Hall: (618) 542-3841 duquoinil.gov	City Hall: Monday–Friday, 7:30 AM–4 PM	City parks with open space and restrooms; call City Hall to reserve the Keyes Park pavilion
Carbondale Park District – LIFE Community Center (J)	2500 W. Sunset Dr., Carbondale, IL 62901	(618) 549-4222 www.cpkd.org	Mon–Thu 6 AM–8 PM; Fri 6 AM–9 PM; Sat 8 AM–4 PM; Sun	Recreation programs, splash park, golf course,

			closed [verify]	pavilion rentals
Murphysboro Park District (J)	701 S. 24th St., Murphysboro, IL 62966	(618) 684-3333 murphysboropark.com		Park district office and recreation center.
Lake Murphysboro State Park (J)	52 Cinder Hill Dr., Murphysboro, IL 62966 (off Route 149, west of Murphysboro)	(618) 684-2867 dnr.illinois.gov/parks/park.lakemurphysboro.html		boating, fishing, picnicking, camping, hiking trail, and archery range
Giant City State Park (J)	235 Giant City Rd., Makanda, IL 62958	Park/Visitor Center: (618) 457-4836 Lodge: (618) 457-4921 dnr.illinois.gov/parks/park.giantcity.html	Park 7 AM–10 PM; trails 7 AM–dusk; Visitor Center 8 AM–3:30 PM daily	hiking trails, camping, fishing, playground

Other Public Amenities

Name	Address	Phone	Hours	Website	Description

FY27 Updates and Service Gaps

New Services and Provider Changes

Organization	Sector	Type of Change (New / Updated / Closed)	Details of Change	Date Verified
The Community Action Place (J)	★ Harm Reduction Services	New	Added to guide. 1400 N. Wood Rd., Murphysboro, IL 62966; (618) 364-8053; tcapinc.org. Free HIV, Hep C, and STI testing; free condoms; harm reduction supplies; syringe access; naloxone; PrEP enrollment.	
Take Action Today Resource Center (J)	★ Harm Reduction Services	New	Added to Harm Reduction Services (also listed under Peer Recovery Support Services). 809 West Main Street, Carbondale, IL 62901; (618) 212-3171; www.takeactiontoday.net.	
National Harm Reduction Coalition (R)	★ Harm Reduction Services	New	Added to guide as an online resource. "Find Harm Reduction Resources Near You" locator for free naloxone, syringe service programs, and mail-based naloxone.	
T2Hope (P)	Homeless Services and Shelters; Warming/Cooling Centers	Closed	Provider has shut down; removed from guide. Previously at 31 South Division Street, Du Quoin, IL 62832; offered shower and laundry services, Thursday meals, and a warming/cooling center.	
Guide section: Survivor Resources	Legal Services	Updated	Section renamed "Survivor Resources" (previously "Domestic Violence and Victim Services"). Survivor Empowerment Center is listed in this section.	
Guide section: Food and Nutrition Resources	Food and Nutrition Resources	Updated	New main section created with "Food Pantries" and "Free Meals" subsections. Food resources were combined into one section so they are easier to find.	

Man-Tra-Con Corporation (R)	Employment and Job Training	New	Added to guide; Employment and Job Training had no listings in FY26. Regional office in Marion with satellite offices in Carbondale and Du Quoin; (618) 998-0970; free employment, training, GED, and youth services.	
Narcotics Anonymous (NA) resources	★ Recovery Support Groups and Meetings	New	Added the River 2 River Area of NA website (meeting lists, literature, and events) and the Second Chance NA meeting at the Center for Independent Living, Carbondale (Tuesdays and Fridays, 7:30–8:30 PM).	
Alcoholics Anonymous (AA) resources	★ Recovery Support Groups and Meetings	New	Added the Southern Illinois AA (District 17) meeting finder and hotline, plus 10 local AA meetings: Here's How Group and The How Group (Gaia House, Carbondale); Turning Point Group (Center for Independent Living, Carbondale); Keep It Simple Sister's Women (St. Xavier, Carbondale); Carbondale New Radicals (St. Andrew's, Carbondale); Du Quoin Monday Night Group and Du Quoin Wednesday Night Meeting (Du Quoin); Pinckneyville Attitude Modification Meeting (Pinckneyville); Saturday Early Birds (First Christian Church); and Murphysboro Group (Murphysboro).	
CASA of Southern Illinois (R)	Children and Family Services	New	Added to guide. 407 N. Monroe, 3rd Floor, Marion, IL 62959; (618) 998-2291. Court advocacy for children; serves Jackson, Johnson, Union, and Williamson Counties.	
Solvera Health (J)	★ Medication for Addiction Recovery (MAR) Providers	Closed	Permanently closed; removed from guide. Previously at 2250 Reed Station Pkwy., Suite 305, Carbondale, IL 62901; (618) 457-4999. Was listed in the FY26 Resource Guide as a MAR provider.	
Carbondale Warming Center (J)	Warming/Cooling Centers	Closed	Warming center is closing; removed from guide. Was listed in the FY26 Resource Guide under Warming/Cooling Centers.	

Identified Service Gaps

Sector	Service Gap Identified	County Affected	Impact on Community	Recommendation / Next Steps
Warming/Cooling Centers	Lack of warming/cooling centers	Perry/Jackson	Only one site is listed: Take Action Today in Carbondale, open weekdays 9 AM–5 PM. With T2Hope and the Carbondale Warming Center closed, there's no site in Perry County and no evening, overnight or weekend option in either	Work with local law enforcement, city halls and churches to identify seasonal sites. Update the guide each season.
Housing / Homeless Services	Lack of homeless shelters	Perry/Jackson	Good Samaritan House in Carbondale is the only emergency or transitional shelter listed. No shelter is listed in Perry County.	Look into partnerships for emergency shelter beds in Perry County, and strengthen referrals to Good Samaritan House and the Southern Illinois Coalition for the Homeless.